

Canteen Menu - Available Everyday

Recess

Hot Chocolate/Cold Milo	\$2.00
Slice of Pizza <i>Ham & pineapple, chilli chicken</i>	\$2.50
Plain Cheesie <i>½ wholemeal round roll with cheese toasted</i>	\$1.50
Baked Bean Cheesie <i>½ wholemeal round roll with baked beans and cheese toasted</i>	\$2.50
Wholegrain Muffins <i>Fruit or Chocolate</i>	\$2.50
Banana Bread <i>Gluten free</i>	\$3.00
Fruit Salad Cup	\$3.00
Smoothie of the day	\$3.00
Boiled Egg <i>Free range egg</i>	\$1.50
Garlic Bread	\$1.50
Popcorn <i>Add icing sugar</i>	\$0.50
<i>Freshly popped corn</i>	\$0.20
Yoghurt crunch cup	\$3.50
Yoghurt <i>Various flavours</i>	\$3.00

Fruit

Fresh seasonal fruit	\$1.00
Frozen seasonal fruit <i>Pineapple or watermelon</i>	\$0.50

Drinks

Bottled Spring Water 600ml	\$2.50
Plain Milk 300ml	\$2.50
Flavoured Milk <i>Chocolate, Strawberry, Banana, Spearmint</i>	\$3.50
Nudie 100% Juices <i>Orange, Apple, Tropical,</i>	\$3.50
Paper straw	\$0.10

After Lunch Sales

Various ice creams	\$2.50
Vanilla ice cream tubs	\$2.50
Frozen fruit	\$0.50

Lunch

Fresh Sandwiches, Rolls & Wraps

Fillings available

Ham, Chicken, Tuna, Egg or Cheese
Salad (*incl. lettuce, carrot, tomato, cucumber*)

Extras Avocado or beetroot
add \$1.00

Sandwich

One filling	\$4.00
Two fillings	\$4.50
Three fillings	\$5.50

Roll or Wrap

One filling	\$5.00
Two fillings	\$5.50
Three fillings	\$6.00

Gluten Free available	add \$1.00
Extras	add \$1.00
Curried Egg & Lettuce Sub	\$5.00
Vegemite roll	\$2.50

Toasted Sandwich, Rolls and Wraps

Fillings available

Chicken, ham, tuna, baked beans,
cheese, tomato, corn or pineapple

Extras Avocado, baby spinach, hummus or
grated fresh beetroot

Toasted sandwich

One filling	\$4.50
Two fillings	\$5.00
Three fillings	\$5.50

Toasted Roll or Toasted Tortilla Wrap

One filling	\$5.00
Two fillings	\$5.50
Three fillings	\$6.00

Gluten free available	add \$1.00
Extras	add \$1.00

****Please note that all sandwiches and rolls are wholemeal unless white is requested**

Rainbow salad bowl \$5.50

Choose one:

Ham, chicken, tuna, egg or cheese

Salad includes

Lettuce, tomato, grated carrot and cucumber

Menu – Weekday Options

Monday

Pasta – Lasagne <i>(both sauces made in canteen)</i>	\$6.00	
<i>Gluten Free Pasta available</i>		add \$0.50
Sweet Chilli Chicken Sub		\$6.00

Tuesday

Beef or Chicken Burritos	\$6.00	
<i>Beef or chicken mixed with salsa and bean sauce, served with rice, sour cream & cheese in a toasted wrap</i>		

Wednesday - CLOSED

Thursday

Beach Burger		
<i>Beef Pattie, grated carrot, tomato, lettuce and tomato sauce</i>		
	\$6.00	
Sunshine Burger		
<i>Vegetable based Pattie, grated carrot, tomato, lettuce and tomato sauce</i>		
	\$6.00	
Chicken Burger		
<i>Crumbed chicken, grated carrot, tomato, lettuce and tomato sauce</i>		
	\$6.00	

Friday

Pizzas, Pies and all things nice

Also available on selected days

Sausage Roll		\$4.50
Spinach and ricotta roll		\$5.00
Meat Pie		\$5.50
Party Pie & Party Sausage roll		\$2.00
<i>(Gluten free party pies available 2 for \$5.50)</i>		
Sauce		\$0.50
Mac and Cheese (gluten free option available \$6.50)		\$6.00
Pasta Vegetarian		\$6.00

