

PRE-PRIMARY SUMMER MENU 2023-24

Lunch

Fresh Sandwiches, Rolls & Wraps

Fillings available

Ham, Chicken, Tuna, Egg, Cheese, Salad or Avocado

Sandwich

One filling \$4.50
Two fillings \$5.00
Three fillings \$5.50

Roll or Wrap

One filling \$5.00
Two fillings \$5.50
Three fillings \$6.00

Gluten Free available add \$1.00
Extras add \$1.00

Vegemite roll \$2.50

Toasted Sandwich, Rolls and Wraps

Fillings available

Chicken, ham, tuna, baked beans, cheese, avocado or pineapple
Extras Avocado, baby spinach, hummus or beetroot

Toasted sandwich

One filling \$4.50
Two fillings \$5.00
Three fillings \$5.50

Toasted Roll or Toasted Tortilla Wrap

One filling \$5.00
Two fillings \$5.50
Three fillings \$6.00

Gluten free available add \$1.00
Extras add \$1.00

****Please note that all sandwiches and rolls are wholemeal unless white is requested**

Rainbow salad bowl \$5.50

Choose one:

Ham, chicken, tuna, egg or cheese

Salad includes

lettuce, tomato, grated carrot and cucumber

Extras Avocado or beetroot add \$1.00

Lunch Snacks

Muffins \$2.50

chocolate or fruit

Banana Bread *gluten free* \$2.50

Boiled egg \$1.00

Popcorn \$0.50

Fresh seasonal fruit \$1.00

Dried fruit \$0.80

Fruit Salad Cup \$3.00

Yoghurt \$3.00

Various flavours

Drinks

Plain Milk 300ml \$2.50

Bottled water 600ml \$2.00

Flavoured Milk \$3.50

Chocolate, Strawberry or Banana

Nudie Juice 100% \$3.00

Orange, Apple, Tropical

HOW TO ORDER FROM OUR SCHOOL CANTEEN

1. Please write PRE-PRIMARY at the top of every lunch bag.
2. Write child's name and room number under PRE-PRIMARY.
3. Write food order in the middle of the bag.
4. Enclose total amount owed.
5. Parent/sibling to take order/payment to canteen before school.
6. Lunch's will be collected and brought to class.



SUMMER MENU 2023/24

Weekday Options

Monday

Pasta - <i>Vegetarian</i>	\$5.50
Pasta – <i>Bolognaise</i> (both sauces made in canteen)	\$5.50
<i>Gluten Free Pasta available</i>	add \$0.50
Mac and Cheese (<i>Gluten free option available \$6.00</i>)	\$5.50

Tuesday

Vegetarian Nachos <i>Vegetarian sauce, corn chips, cheese and sour cream</i>	\$5.50
Pizza Single – <i>Ham and pineapple or Cheese and tomato</i>	\$3.50

Wednesday - Closed

Thursday

Beach Burger	\$5.50
<i>Beef patty, grated carrot, tomato, lettuce and tomato sauce</i>	
Sunshine Burger	\$5.50
<i>Veggie patty, grated carrot, tomato, lettuce and tomato sauce</i>	
Chicken Burger	\$5.50
<i>Crumbed chicken, grated carrot, tomato, lettuce and tomato sauce</i>	

Friday

Pizzas, Pies and all things nice

Also available on selected days

PASTRIES

Sausage Roll (<i>Witchy Pies Gluten Free available \$6.00</i>)	\$4.00
Spinach and Ricotta Roll	\$4.50
Meat Pie	\$5.00
Party Pie (<i>Gluten Free available 2 for \$5.50</i>)	\$1.50
Sauce	\$0.30