

31 October 2023
Newsletter issue: 16

CHALK DUST CHATTER

Uniform Concepts

Term 4 Hours

Tues Wed Thurs

9am—5pm

Saturday

9am—12pm



**Margaret
River** PRIMARY
SCHOOL
grow and achieve together

Phone 97578 500

Margaretriver.ps@education.wa.edu.au

www.mriverps.wa.edu.au



BREAKING NEWS:

Kids love salad!!

Our kitchen students have been enjoying exploring lots of different salad options due to the large variety of salad ingredients currently on offer in the school garden. Seventeen different offerings at the last count, making for some interesting and tasty combinations.



Fun Run.

We will be holding a Fun Run assembly next Monday the 6th November at 9.15am to announce the fundraising prize winners. We would like to pass on a huge thank you to everyone who supported the event, both on the day and through your fundraising efforts. The final huge fundraising total will be announced next week! Hope to see you all there.

Swimming

Swimming sessions will be held at Gnarabup Beach during weeks 6, 7 and 8 and will consist of one week per class with 40-minute daily sessions.

Planning for 2024

Please notify the front office if your family are enrolling at another school in 2024 this will assist us with our planning of classes in 2024. Thank you.

Triple P – Fearless

We have planned to run the Fearless Triple P parenting course on Friday 1 December at 9.15am. The aim of this session is to support parents of young people aged 6 - 14 years. It is designed to provide information about anxiety and provide positive parenting strategies that support the development and behaviour of young people with anxiety. We will provide more details to our parents once finalised.

Lorraine Macaulay, Principal

For our Year 6 parents

Starting high school is a massive change for both you and your tween. How do you get them ready and help them through the ups and downs of Year 7?

You may be interested in the latest episode of Parental As Anything with Maggie Dent. Maggie and guest Claire Eaton discuss their best tips and reassurances for parents who want their tweens to feel as ready as they can for high school.

<https://www.abc.net.au/listen/programs/parental-as-anything-with-maggie-dent/are-you-ready-for-high-school/102641568>

**SWIMMING LESSONS**

Just a reminder that our students YR PP—6 will be participating in swimming lessons at Gnarabup Beach this term, with the first classes starting on Monday 13th November.

Please ensure that the hard copy enrolment form sent home with your child has been signed and returned to school and you have paid and given consent via Compass.



Parents are asked to supply a towel poncho, an extra towel and thongs for lesson time.

School Bus Services 2024

Parents who wish to use the bus service need to apply online at [School Bus Services](#). To save a seat for your child, parents are encouraged to submit applications before 24 November 2023. Families that are already registered with School Bus Services do not need to reapply if there are no changes to their current circumstances. However, if they have changed their residential address or school they will need to [reapply for transport assistance](#). Parents can find answers to their questions and contact information on the [School Bus Services website](#).



WHAT'S ON IN TERM 4....

31 Oct	YR 5 Destination High School	21 Nov	School Board Meeting
3 Nov	YR3-6 Sports Options	22 Nov	Little Kinders 2024 play date
10 Nov	YR 3-6 Sports Options	24 Nov	Volunteer Morning Tea 11am
13-17 Nov	YR 6 Camp	27 Nov	Junior Assembly
13 Nov	Swimming lessons begin	28 Nov	Choir @ Mirrambeena
14 Nov	IMSS Parent Info Session 4pm	29 Nov	Little Kinders2024 play date
20 Nov	Senior Assembly	29 Nov`	School Bands @ Settlers Tavern TBC

END OF YEAR CONCERTS AND CEREMONIES

**MARK YOUR
CALENDAR**

Tuesday 5th December

Pre-Primary—9:15am

YEAR 1—10:15am

YEAR 2/3—11:45am

YEAR 4/5—2:15pm

Wednesday 6th December

KINDY K1 & K3—9:15am

Thursday 7th December

KINDY K2—9:15am

Friday 8th December

YEAR 6 GRADUATION 9.15am

YR 6 Graduation Party 2023

Saturday, 2nd December

(the day after the Go-Carts)

This is a parent organised event and will be held at the Small Theatre at the Heart.

It is going to be loads of faun and will include a disco, photobooth, pizzas and icecreams! See you all there!

More details to follow



Merit Certificates

Room 4	Zeke Vieira Belo	Room 16	Stella Davies
Room 4	Flynn Roberts	Room 16	Ryland Grayden
Room 5	Summer Harvey	Room 17	Luke Smith
Room 5	Lachlan Wills	Room 17	Tahiti Gray
Room 5	Fern Bayley	Room 17	Scarlet Coumans
Room 7	Bryn Bowers	Room 22	Isabel Sato-Smith
Room 7	Ted Pritchard	Room 22	Malia Humphries
Room 9	Dulcie Leirich	Room 23	Jorge Baker
Room 9	Liam McVicar	Room 23	Nina King
Room 9	Jimmy Sands	Room 23	Mila Pretorius
Room 9	Cohen Harvey	Room T2	Ruby Pateman
Room 10	Flynn Smith	Room T2	Fynn Thomas
Room 10	Tao Kinney	Room T3	Cohen Potter
Room 11	Charlie Gray	Room T3	Billie O'Driscoll
Room 11	Edie Byers	Room T4	Keeva Dodd
Room 11	Che Eggleston	Room T5	Luc Eggleston
Room 12	Ella Harvey	Room T5	Rhys Forrest
Room 12	Charlotte Owen	Room T6	Lily Kinney
Room 12	Miles Goldstone	Room T6	Oliver Haywood
Room 14	Archer Wesley	Room T7	Frankie Desmond-Behrens
Room 14	Alby Nordgard-Lee	Room T7	Heath Rumball
Room 14	Zara Khan	BEE BOP A LULA Year 2—Room 15 	
Room 15	Sailor McGuinness		
Room 15	Zara Cassidy		
Room 15	Bodhi White		
Room 16	Maya Davies		
			

GOLDEN BROOM

Junior Room 4

Senior Room T4



Having A Say

Last week Mrs Maggie Kennedy-Piper visited our Year 6 classes to teach them about the three levels of Australian government and preferential voting. Maggie is the Education Officer for the WA Electoral Commission and engaged our students with an informative discussion sharing her extensive knowledge.

MUSIC ROOM NEWS

CHOIR NEWS

The Dreamcatchers will be performing again this year at the Community Carols in the Park on **Friday 8th December** on the High School oval. We will be on during the first half of the Carols which commence at 7.00pm. All students from Years 1- 6 are invited to join the Dreamcatchers and perform as the Crazy Crackers Christmas Choir (CCCC) . It's a lovely evening to share a picnic, sing and have fun on the grass with family and friends.



SCHOOL BANDS

It's been another fantastic year with the amazing talent of our students in the rock bands. Their coaches' Graeme Smailes and Tony Lane, have worked wonderfully with the talents they have to give our students the best experiences.



Our fabulous bands are preparing to rock out again at their band gig at Settlers Tavern on Wednesday 29th November (TBC). Pop it in your calendars as it is always a great night!

PLEASE NOTE: Settlers Tavern does have some upcoming renovations planned so the date is yet to be confirmed. We will notify you as soon as it is.

IMSS NEWS

All current Year 5 and 6 students in the IMSS program will be performing at the Volunteers Morning Tea on Friday the 24th November at 11.30am. It will conclude at approximately 12.15pm. (If you are not attending the morning tea, and are a parent/carer/family of an IMSS student performing , you are most welcome to come at 11.30 am.)

At the Combined MRPS Assembly on Monday, 18th November, the Percussion students are planning to perform at the beginning of the Assembly.

2024 IMSS STUDENT SELECTION

All Year 4 students are in the process of being assessed for the IMSS Program in 2024. The first round of 'Expression of Interest' letters have been sent home.

A **Parent Information Session** will be held on Tuesday 14th Nov 4:00-5:00pm in the music room. This is for all parents who received an "Expression of Interest' to attend. Sunny Hardy (IMSS Director for Woodwind will present the evening, Instrumental Teachers will also be in attendance to answer any queries

Soon after the Parent Information Session , Formal Offer letters will be sent home to successful applicants.

If you have any concerns please don't hesitate to email me -
Helen.collis@education.wa.edu.au



Olympian Words of Wisdom



Thanks for having
me Margaret River

[Signature]
#7 Hockeyroos

*for the
London 2012
Crestina*
Thanks for having us at
your amazing school!

Our year 5 and 6 students were thrilled to have a visit from Olympian champions Aleisha Power (Hockeyroos goalkeeper) and Josie Tomic (track cyclist) last week. The athletes provided real life examples of commitment, resilience, determination and inspired the students to strive for their dreams. Their motivating discussion reminding us that it's as much about the journey as it is about the destination. Some key points of the session -

- Self Care - looking after yourself and building your support base.
- Being Present - stay in the moment, mindfulness and well being.
- Power Up Your Strengths - focus on what you are good at to give your life meaning.



Josie and Aleisha standing with Imelda Ensor who was given a signed Australian Olympic shirt for asking the best question which was - "I want to get into the state hockey team. How do I try out and how do I get my name heard when I am from a small country town?"

Rapids Landing DTC will be closed from Monday the 4th of December re-opening Tuesday 30th January. In the event of an emergency between 8am and 4pm from the 4th to the 15th of December please call 97544460. After these dates you may call 1800098818 for advice.

Alternatively please contact your Local dentist and if you receive the Child Dental Benefit Schedule ensure you use this as all our local dentists in Margaret River accept this.

If it is not an emergency you may email us at: Rapidslandingdte@health.wa.gov.au

We will respond in 2024

- ⇒ Remember to be brushing 2 times daily with adult fluoride toothpaste and floss daily.
- ⇒ Spit DON'T rinse
- ⇒ Keep sugars (including natural sugars) and snacks to a minimum and drink lots of water.

Have a great break

THE DENTAL TEAM

Rapids Landing Dental Therapy Centre/ 42 Tonkin Blvd, Margaret River
WA 6285

T: (08) 9757 8211 E: RapidslandingDTC@health.wa.gov.au



Government of Western Australia
North Metropolitan Health Service
Dental Health Services

Student Health and Wellbeing

MRPS Code of Conduct incorporates six core values:

Cooperation, Empathy, Enthusiasm, Flexibility, Honesty and Respect

Value—Honesty

Honesty is being fair, just and truthful; not cheating or stealing.

Honesty means you don't say things about people that aren't true. You are not being honest if you make up rumours about someone. An example of not being honest is when people spread rumours about others at school or on social media.

Honesty includes not hiding the truth because that is deceiving, not breaking rules to gain an advantage because that is cheating, and not taking something that isn't yours because that is stealing.

Remember that, "Honesty is the Best Policy."

SDERA

Check your helmet

Now that all your bikes are checked, safe and ready let's move onto helmet safety. A helmet that is worn correctly and fits properly can help to protect your child's head if they fall off their bike, scooter or skate board. Help your child to check that their helmet is the right size by checking the following:

- The helmet isn't too tight or too loose, it should be snug and not move around
- The buckles can be clipped together
- The helmet has not been in a crash
- The foam on the inside doesn't have any dents
- The plastic skin on the outside isn't buckled or cracked
- The chinstrap isn't broken or frayed
- It is an Australian standards approved helmet.



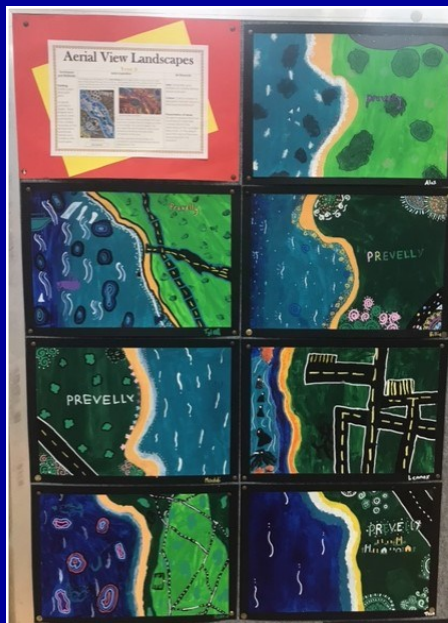
Sometimes 'hand-me-down' helmets are not always safe to use. Use the checklist to find out if it is safe and suitable or needs to be thrown away. When it's time to buy your child a bike and helmet don't buy one for your child to 'grow into' buy one that fits your child now. If it's too big and loose, it can move or slip off when your child falls off their bike or hits something. Did you know a bicycle helmet is designed to offer the wearer protection and if worn correctly, may decrease the risk of a head injury by up to 85%, non-helmeted cyclists are three times more likely to be killed as a result of a crash.

Be a good role model and always wear your helmet when you ride with your child. The earlier children learn the importance of wearing a bike helmet, the more likely they will continue to wear a helmet as they grow older. Be firm in laying down the 'no-helmet-no-bike' rule.

Hopefully the tips that have been given to you has and been handy and helped you and your family to have your bikes and helmets as safe as possible. Now all your bikes are up to scratch off you go for a ride on the rails to trails and through the pines and explore our amazing bike tracks.

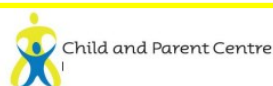
Thank you for playing a vital role in your child's resilience and wellbeing education.

For more information visit www.sdera.wa.edu.au



Hopefully you all got along to see some of the amazing art created by the super talented MRPS students on display at the recent MR Ag Show. Pictured here is just a snippet of what was on offer in the Exhibition Hall. So much talent! Thank you to our art specialists Sally and Sonja for all of their coordination to make it look so fantastic!





Learning to use the toilet



Teaching children to use the toilet independently can be challenging at times for parents. This workshop provides tips on how to know when your child is ready, the skills needed to use the toilet, and covers some common behavioural issues related to using the toilet.

(This workshop is suitable for parents of children with neurotypical development and does not address any medical problems related to using the toilet).

Date: Wednesday 8th November

Time: 8.00pm to 10.00pm

Venue: Online via Webex. Click the link below to join:

Link: <https://educationwa.webex.com/educationwa/j.php?MTID=m24d655200e5171e2d2cecd30e4d14713>

Supported by:



Childandparentcentres.wa.edu.au



The EdConnect story began more than 25 years ago with four volunteers at one Perth school. We are now a national charity organisation with around 1500 volunteers in 250 schools.



How can you help?

- Mentor a student and improve their confidence and self-esteem.
- Listen to students read and improve their literacy and love of books.
- Help in a classroom or work with a small group of students to support their academic achievement and enjoyment.

Margaret River Primary, Cowaramup Primary, Augusta Primary and Margaret River Senior High School need more volunteer support.

Do you have just one hour a week to support local students?

To find out more:

Join us on Wednesday November 1st, Small Meeting Room, Margaret River Community Centre, 33 Tunbridge Street, 10.30am-12noon.

Call 9444 8646, email edconnect@edconnect.org.au or find more information at www.edconnectaustralia.org.au



Parent/Carer: Supporting young people with transition to secondary school

Free online webinar

Tuesday 7 Nov

5:30-6:30 PM AWST

headspace Schools & Communities is hosting a free mental health education webinar for Parents and Carers of young people who are transitioning from primary school to secondary school.

The session will cover:

- mental health and wellbeing in adolescence
- how to have conversations with young people about their mental health and wellbeing
- noticing signs that a young person might be going through a tough time and struggling with their transition to secondary school
- identifying strategies to connect and communicate with young people
- increasing knowledge about how to support them during this transition period and where to access professional support

Following the webinar, all those who register will be supported by a digital pack of information that will be sent out via email within 5 days after the event.

For more information visit

[Parent/Carer: Supporting young people with transition to secondary school Tickets, Tue 07/11/2023 at 7:30 pm | Eventbrite](#)

Rotary Road Adventure – Rotary Club of Margaret River

As the name suggests this event is a driving adventure with clues to unravel and tasks/activities to complete at the 10 stages. Cars will drive 100 kilometres to interesting places within the Shire. It is not a race so people can take their time to enjoy the event, have fun completing the tasks and finish at a picnic spot. There are numerous prizes, including the best dressed team. This event is suitable for all ages and is raising funds for Rotary **Youth Programs**. Students from MRPS have benefitted from these funds which supports the Our Patch science program.

Use the link to Try Booking to register and bring a picnic lunch and chairs. The Road Adventure starts at Yahava/Doust Corner, (Cnr of Andrews Way and Bussell Hwy) at 9am, so people need to be there by 8.15-8.30am.

Fundraising for Youth Projects

ROTARY ROAD ADVENTURE

Rotary
Club of Margaret River



Pack a picnic and join us for a fun day for all ages

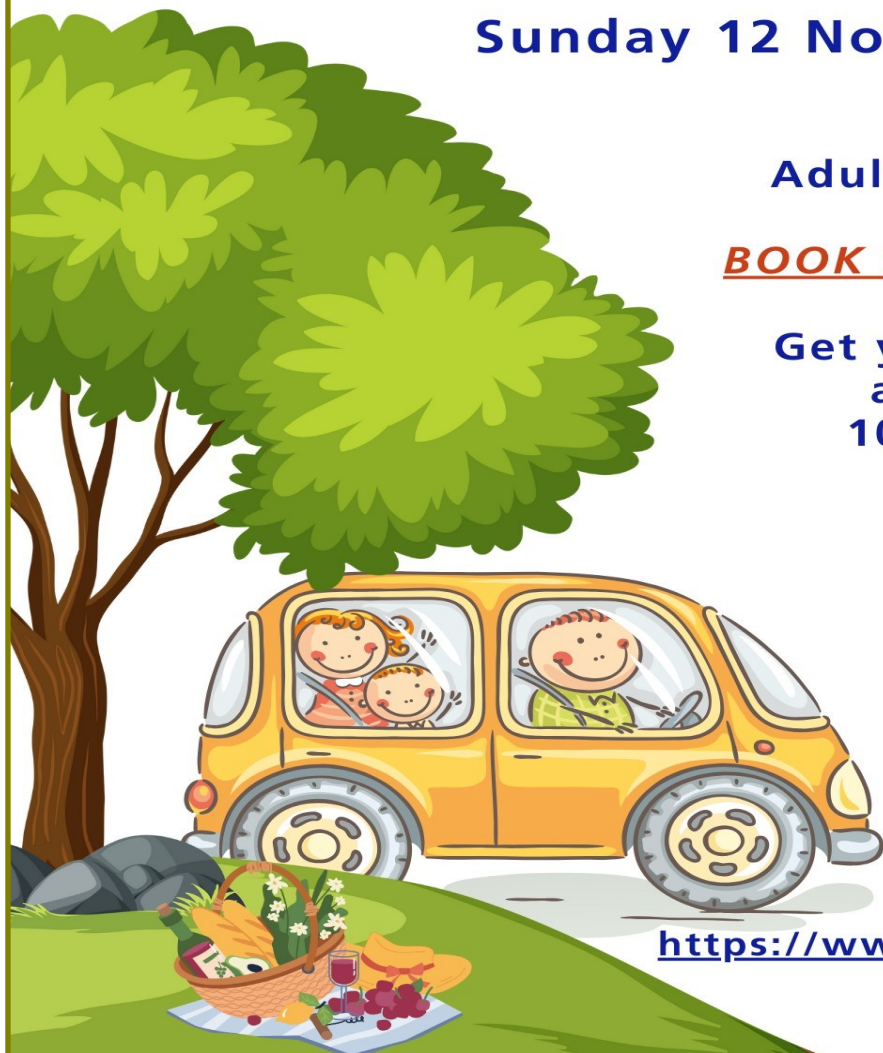
- **Great prizes**
- **Fun activities along the way**
- **Best dressed team prize**

Sunday 12 November 2023 9am

Adults \$25 Under 16 \$5

BOOK EARLY LIMITED SPOTS

**Get your team together
and register by
10 November 2023**



<https://www.trybooking.com/CMHAJ>

Supported by



Government of **Western Australia**
Department of **Communities**



Bringing up great kids - for Dads

Vasse Playgroup

Monday 30 October - 27 November

Cnr Kaloorup Rd and Heritage Dr

From 5.30pm to 7.30pm

Light meal provided

Free 5 week course

The Bringing Up Great Kids - First 1000 Days group program is a free parenting course that nurtures new dads and dads-to-be as you commence your journey into parenthood. Join us to:

- explore your parenting style
- understand parent communication and its impact on families
- overcome obstacles to parenting
- learn to support yourself and each other
- meet other dads



**For more information contact
Anne on 0490 094 994
Catherine on 0407 900 248
or register on Humanitix by
scanning the QR code**



radiancesouthwest.com.au
parentingconnectionwa.com.au
📍 Vasse Playgroup

JOIN US FOR A

Christmas Carols

IN THE PARK

8•DEC•23

7 - 8:30 PM | MARGARET RIVER HIGH SCHOOL OVAL, MARGARET RIVER
EVERYONE WELCOME | FREE COMMUNITY EVENT

FEATURING

THE MARGARET RIVER CONCERT BAND
MARGARET RIVER COMMUNITY BAND
COMMUNITY & SCHOOL CHOIRS.



PLEASE BRING A RUG | FOOD AND DRINK AVAILABLE
CANDLES AVAILABLE FOR SALE ON THE NIGHT

