

KINDY SUMMER MENU 2023/24

Lunch

Fresh Sandwiches, Rolls & Wraps

Fillings available

Ham, Chicken, Tuna, Egg, Cheese, Salad or Avocado

Sandwich

One filling \$4.50

Two fillings \$5.00

Three fillings \$5.50

Roll or Wrap

One filling \$5.00

Two fillings \$5.50

Three fillings \$6.00

Gluten Free available add \$1.00

Extras add \$1.00

Vegemite roll \$2.50

Toasted Sandwich, Rolls and Wraps

Fillings available

Chicken, ham, tuna, baked beans, cheese, tomato or pineapple

Extras Avocado, baby spinach, hummus or beetroot

Toasted sandwich

One filling \$4.50

Two fillings \$5.00

Three fillings \$5.50

Toasted Roll or Toasted Tortilla Wrap

One filling \$5.00

Two fillings \$5.50

Three fillings \$6.00

Gluten free available add \$1.00

Extras add \$1.00

**Please note that all sandwiches and rolls are wholemeal unless white is requested

Rainbow salad bowl \$5.50

Choose one:

Ham, chicken, tuna, egg or cheese

Salad includes

lettuce, tomato, grated carrot and cucumber

Extras Avocado, beetroot add \$1.00

Lunch Snacks

Muffins \$2.50

chocolate or fruit

Banana Bread *gluten free* \$2.50

Boiled egg \$1.00

Popcorn \$0.50

Fresh seasonal fruit \$1.00

Dried fruit \$0.80

Fresh Fruit Cup \$3.00

Yoghurt \$3.00

Vanilla, Mixed Berry or Strawberry

Drinks

Plain Milk 300ml \$2.50

Bottled spring water 600ml \$2.00

Flavoured Milk \$3.50

Chocolate, strawberry or banana

Nudie 100% Juices \$3.00

Orange, Apple, Tropical.

Paper Straw \$0.10

HOW TO ORDER FROM OUR SCHOOL CANTEEN

1. Please write KINDY at the top of every lunch bag.
2. Write child's name and room number under KINDY.
3. Write food order in the middle of the bag.
4. Enclose total amount owed.
5. Parent/sibling to take order/payment to canteen before school.
6. Lunch's will be collected and brought to class.

SUMMER MENU 2023/24

Weekday Options

Monday

Pasta - Vegetarian	\$5.50
Pasta – Bolognese (both sauces made in canteen)	\$5.50
Gluten Free Pasta available	add \$0.50
Mac and Cheese (Gluten free option available \$6.00)	\$5.50

Tuesday

Vegetarian Nachos Vegetarian sauce, corn chips, cheese and sour cream	\$5.50
Pizza Single – Ham and pineapple or Cheese and tomato	\$3.50

Wednesday - Closed

Thursday

Beach Burger	\$5.50
<i>Beef patty, grated carrot, tomato, lettuce and tomato sauce</i>	
Sunshine Burger	\$5.50
<i>Veggie patty, grated carrot, tomato, lettuce and tomato sauce</i>	
Chicken Burger	\$5.50
<i>Crumbed chicken, grated carrot, tomato, lettuce and tomato sauce</i>	

Friday

Pizzas, Pies and all things nice

Also available on selected days

PASTRIES

Sausage Roll (Witchy Pies Gluten Free available \$6.00)	\$4.00
Spinach and Ricotta Roll	\$4.50
Meat Pie	\$5.00
Party Pie (Gluten Free available 2 for \$5.50)	\$1.50
Sauce	\$0.30