

16th November 2022
Newsletter issue: 17

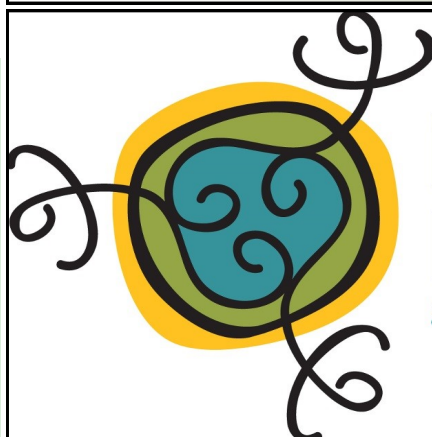
SCHOOL UNIFORMS

Click the link

Uniform Concepts

To order online before 5pm
Tuesday for free delivery to
school on Wednesday.

CHALK DUST CHATTER



**Margaret
River** PRIMARY
SCHOOL
grow and achieve together

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www.mriverps.wa.edu.au

Our fabulous MRPS bands rocked out at this year's MR Agricultural Show. Their performances were appreciated as they entertained the crowds. Huge thank you to Graeme Smailes, George Harper and Peter Paton for picking up the gear and setting up and bumping out.

Next up for our fabulous music students is the "School Bands @ Settlers Tavern" gig on the 30th November. Notes have been sent home with all band members requesting some parent help with instrument transport and student supervision on the night. Please return the form if you can help out.

Huge thanks go to Jon Godden who will donate an electric Guitar/Amp package to be raffled on the day in the music room, and then that night at the gig.



SAVE THE DATE — Crazy Crackers Christmas Choir

All Dreamcatchers will be performing, and Years 1-6 students are now invited to join them to rehearse for the Carols in the Park on Friday 9th December. Rehearsals are held in the Music room every Wednesday from 1.05pm-1.40pm.

Happiness Company Parent Workshop

Mindful Margaret River have organised a workshop, that will be held in our school library on Thursday afternoon at 5pm, to help us all make sense of our growing children. The session will focus on strategies and tips for connecting and building stronger relationships, supporting children through transitions to high school and managing our feelings and expectations as parents. There is a QR code in the poster attached to this newsletter that can be used to book your place or you can register by phoning the school office on 9757 8500.

Go Cart Day

Our Year 6 students and teachers are out and about all week challenging themselves at various locations up and down the Capes Region. They will end their week with Go Cart Day which is held on our school oval. Students and families will work all morning to build a go cart before racing them for glory on the oval at 2pm. If you haven't seen the event before, or you have a student who will soon be in Year 6, come along and see what it is all about. The oval will be covered with trailers, tools and tents from early in the morning with the pressure building all day to have something ready by the afternoon! Good luck to all of our students and our families who are helping out.

Thank you to our P&C

Thanks to all of the volunteers who made the car boot sale possible last weekend. A huge thanks goes to Rose Pateman for coordinating the event and to our amazing music teacher Helen Collis for coordinating the student busking.

Aaron Thomas, Principal

Merit Certificates

| | | | |
|---------|-------------------------|---------|----------------|
| Room 1 | Daisy Worsley | Room T5 | Rosie Walker |
| Room 1 | Charlie Joyce | Room T6 | Cohen Potter |
| Room 5 | Sylvie Brouwers | Room T7 | Alex Mitchell |
| Room 5 | Rhys Forrest | Room T7 | Sivanna Powell |
| Room 7 | Luke Magnall | | |
| Room 9 | Arlo Gough | | |
| Room 10 | Vincent Lonnie | | |
| Room 11 | Mia Ashworth | | |
| Room 11 | Sullivan Thomas | | |
| Room 14 | Marlin Garstone | | |
| Room T2 | Keanu Madaffari-Rowsell | | |
| Room T3 | Polly Clifford | | |
| Room T5 | Hendrix Cox | | |
| Room T5 | Cayden Del Barrio | | |

Bee Bop A Lula

Year 1—Room 9

Golden Broom Award

WEEK 3

Junior Room 5

Senior Room T5

WEEK 4

Junior Room 20

Senior Room 12





Car Boot Sale



The Margaret River Primary School P&C Car Boot Sale was a great success. With a great variety of stalls and the addition of the school buskers brought a chilled vibe for the shoppers and sellers. We would like to thank those who helped make the day run smoothly, the children who gave their time to play and sing and to Rose Pateman who was the main organiser. We will be making the car boot sale an annual event adding more next year.

The P&C relies on volunteers to help make these events happen and to raise funds which go straight back to the school. We welcome any new members who are interested to join and make a small difference.

I would like to take this opportunity to introduce myself to the Margaret River Primary School community as the Chair of the School Board. I took this position on at the start of 2022 but what with Covid-19 and various other disruptions, it's taken me this long to get around to it!

My name is Ellie Ward and I have three children at the school, although my oldest will be moving up to the high school next year. I have lived in Margaret River for 16 years and am honoured to help serve such a supportive and friendly community. I am an English teacher and literacy specialist and have been a leader with the Margaret River Joey and Cub Scouts for the past six years. I bring my own skills and experience to the board but it's important to see as wide a range of backgrounds as possible. A school board represents the whole community and so the more diverse we are, the better we will be. We would love to see more parents joining us – especially now we can meet face to face again!

I know that the board may seem like a huge commitment and we are all time poor but we only meet once a term for 1 hour. As a board, we contribute to the strategic running of the school. That means we look at fees, charges, booklists, parent questionnaires and most recently, the school business plan. While we are not involved in the school's day to day management, it is our role to ensure that the school's priorities reflect the needs of our students. The board is particularly excited about working with the school's new Aboriginal and Islander Education Officer, Lakisha. Aaron Thomas and I have been discussing what we can do as a board to support a Reconciliation Action Plan within the school and as part of the wider community.

If you would like to nominate as a member or chat more about what the position involves, please contact the office on 9757 8500. We would love to welcome you on board!



Fruitful Fundraiser

Over 100 grafted avocado trees were recently snapped up by the public (and a few teachers too) when the MRPS Kitchen Garden Program and Mike Skivinis from The Berry Farm teamed up for another successful fundraising event. Not only were Mike (owner of The Berry Farm) and Terri (Coordinator of the Kitchen Garden Program) involved, but so too were many other school staff (thank you Marnie, Lee-Anne, Rach, and Karen), students (who moved over 100 trees from the van to the school garden and then from the school garden up to the front office), and other people donating whatever was needed (like Mick, thanks for the loan of your van for transportation of the trees between The Berry Farm and the school).



Terri received a slightly anxious call from Mike enquiring about the condition of the trees after a weekend that saw heavy rain but fortunately for the trees – no hail! Terri was happy (and relieved) to report to Mike that the trees were 100% happy and ready for their new homes. Nov 1 was pick-up day, with many buyers commenting on the high quality of their trees and the great price paid.

Strong and continued support shown by the local community for initiatives like this will ensure continued partnerships between the Kitchen Garden Program and local small business in the region, resulting in benefits to all – but especially to those community members lucky enough to secure a tree.

Happy growing everyone – please follow Mike's care and advice sheet and you'll be picking your own avocados.



Classes at Margaret River Primary School have been engaging in Philosophy sessions as part of our Inquiry Process to develop creative and critical thinking skills, which are recognised as part of an essential skill set required for living and working successfully in the 21st century.

On Friday eight students headed off to Busselton to represent MRPS at the South West Junior Philosothon, along with nine other local schools. Pictured here is the Philosothon team receiving their participation certificates. They all did an amazing job! Millie Butcher also brought home the Year 6 Promising Philosophers award for her excellent contributions during the variety of different group discussions.

THINKING BIG





Cooking Connection



What a wonderful time we had last Friday.

The P&C sent out a request, asking for some willing volunteers to make some delicious treats to sell at the Saturday Boot sale fundraiser, and a group of Year 5 students answered the call.

The 10 students were organised into 5 groups and the baking began.

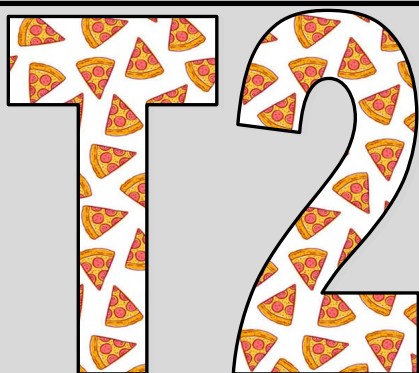
A total of 48 cupcakes were made, however, only 38 made it to the cake stall.

Mmmmm!

It was wonderful to see everyone working together for a common cause. There was a lot of laughter, respectful communication, and co-operation. The students also discovered that there is more than one way to make icing.

In between the baking, the students assisted with the preparations for the weekly staff morning tea.

Thank you Year 5's and a big thank you to Jodie for willingly loaning us the kitchen.



Mrs Clark T2 class won the most amount of money raised per classroom for this years Fun Run. The amount they raised was \$ 1498.50, so they were rewarded with a pizza party on Friday. We would like to thank Dominos Margaret River for their generosity in donating 12 pizzas.



END OF YEAR CONCERTS AND CEREMONIES



Tuesday 6th December

YEAR 1 9:15am

YEAR 2/3 11:45am

YEAR 4/5 2:15pm

Wednesday 7th December

KINDY K1 & K3 9:15am

Thursday 8th December

KINDY K2 & K4 9:15am

Friday 9th December

YEAR 6 GRADUATION 9.15am

Tuesday 13th December

PRE-PRIMARY 9:15am

Give what you can, receive what you need.

The Margaret River Community Pantry Inc is a not-for-profit committed to improving food security and reducing food waste in our local community.

We accept **donations** of fresh and dry goods **every THURSDAY 3 to 5pm.**

We **re-distribute** all food received to those who need it every **FRIDAY at our Pantry Day 10 to 1pm.**

Many people experience food insecurity throughout different times in their life.

If you need a little help putting food on the table, please visit us on Friday Pantry Day 10 to 1pm. Everyone is welcome.

A suggested donation of \$10 gives you a bag full of food – typically containing carrots, onions, potatoes, rice or pasta, fruit, veg, beans, bread, and an assortment of other food donated to us by supermarkets and small businesses. We also regularly receive eggs, meat, and fresh seasonal fruit and veg.



Student Health and Wellbeing

MRPS Code of Conduct incorporates six core values:

Cooperation, Empathy, Enthusiasm, Flexibility, Honesty and Respect



At Margaret River Primary School, one of our core values is Respect. This is just another way to say I value and care for you. Respect people for their good qualities and or achievements and remember the golden rule, treat everyone as you want them to treat you. Respect each other's space and belongings and take responsibility for your own actions.

You show respect to others when you listen quietly, keep unkind thoughts to yourself, speak kindly to others, willingly share and by using simple courtesies like please and thank you.

Remember, that we should fear no one, but respect everyone.

SDERA

What is caffeine? Caffeine is a stimulant drug which in its purest form, consists of bitter-tasting crystals. Caffeine is found in many common substances such as coffee, tea, cocoa, chocolate, cola, energy drinks and bars, some prescription and over the counter medicines and other stimulants such as guarana. Caffeine is the most commonly used drug in the world.

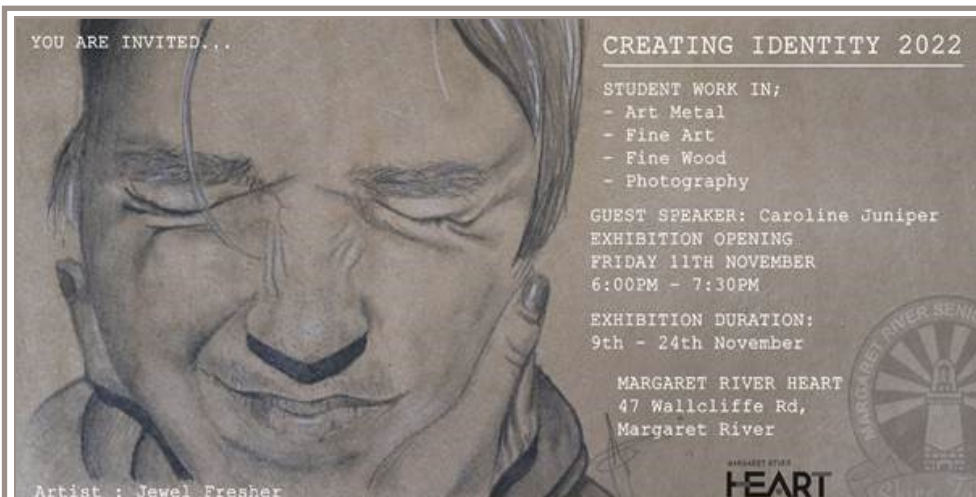
- Caffeine is particularly harmful for young children because it causes sleep problems, anxiety, irritability and bed wetting.
- Energy drinks should be avoided by children less than 15 years old due to high levels of caffeine in these products.
- The effects of caffeine, like those of any drug, differ from person to person depending on their age, body size and general health.
- Disturbing physical effects of caffeine include anxiety, irritability, increased breathing and heart rates, headaches and dehydration.
- Doctors recommend that children consume less than 100mg of caffeine per day, which is approximately one cola drink and a 20g chocolate bar.
- Many of the caffeine products that children consume also contain high levels of sugar.

It's a good idea to avoid caffeine when you are young, then your body can do its best job of helping you grow, making sure that you get the best sleep to keep you healthy. Having a healthy diet and an active lifestyle will give you all the energy you need. Drinking plenty of water throughout the day is the drink to rehydrate for children.

- Fast Facts:
- Cola drinks: 30-72 mg of caffeine.
- Hot chocolate: 10mg of caffeine.
- Energy drinks: 150mg or more of caffeine.
- Even your favourite Chocolate bar (100gm size) has about 10-30mg of caffeine.



Thank you for playing a vital role in your child's health and wellbeing education.
For more information, visit: www.sdera.wa.edu.au



Exhibition Opening Night

Margaret River Senior High

School's *Creating Identity* exhibition

Friday 11th November from 6:00pm – 7.30pm.

A night of art, music, viticulture and catering!

You are invited to MRSHS annual exhibition, *Creating Identity*.

The exhibition showcases fine art, photography, art metal and fine wood, all produced by talented Year 10, 11 and 12 students. This year the works will be displayed for 2 weeks in the Margaret River HEART Foyer Gallery and Bar Gallery.

This event is an enriching experience for the students as it prepares them for a realistic experience in an art gallery setting. It is a significant opportunity for students to create work for a wide audience. The students prepare for the exhibition all year and many pieces will be for sale.

Below you will find the ordering information for our 2023 School Supplies.

Please note: School Booklists have been sent home with students

The information is also available on our website here [MRPS School Supplies](#)

MARGARET RIVER PRIMARY SCHOOL

2023 BOOKLIST INFORMATION

ORDERING OPTIONS:

ORDER ONLINE at: www.callows.com.au then click on "School Booklists" By **SATURDAY 31st December 2022.**

Your ACCESS CODE for ordering online is **MRPS2023.**

PLEASE CHECK: Confirmation and Approved Payment. Please print a copy of your order. (No email confirmation as per software provider).

OR

ORDERS MAY BE PLACED and PREPAID at: CALLOWS OFFICE CHOICE, 87 Queen Street, BUSSELTON

BEFORE SATURDAY 31st December 2022 between 9.00am – 5.00pm (Monday to Friday)

DELIVERY OPTIONS:

PRE-PACKED ORDERS can be delivered to you via AUSTRALIA POST under Australia Post normal DELIVERY arrangements for your area at a cost of \$7.95 (to be paid when ordering).

If you elect to have your order delivered, please fill out the HOME DELIVERY FORM attached.

Booklists will be delivered during January 2023.

OR

You may elect to collect your Stationery Order from: CALLOWS Back-to-School Stationery Warehouse, Frederick Street in the LIA (Map inc. online). You will receive a text message when your order is available for collection.

Collection days are TUESDAY and THURSDAY.

BETWEEN 10:00am – 4:00pm.

CREDIT/REFUND/EXCHANGE/RETURNS:

MUST be accompanied by a receipt.

Stationery items: Refund or exchange on any goods deemed faulty from the manufacturer until the end of WEEK 1 of school commencing.

Please choose carefully as no refunds on TEXTBOOKS.

Digital Products: No refunds on digital products. These will be under manufacturers warranty.

If a particular product is unavailable from our supplier, we will substitute with a product of similar/ better quality at the same price quoted.

Purchasing your orders through CALLOWS **SCHOOLSMART** benefits your school and ensure the correct items are supplied.



5PM - 6.30PM
November 17, 2022
Margaret River
Primary School
Library

Parents Workshop

Facilitated by Happiness Co & Core of Wellbeing

Struggling with parent guilt?

Feeling overwhelmed with life?

Worried about your child transitioning to high school?

Not sure how to best support your children?

If you answered yes, this workshop is for you.



Register Here

With 3 expert speakers, this workshop is designed to help you increase your self-awareness, manage stress, and improve your parenting skills.

We will provide you with practical tools and strategies to help you;

- Connect and build stronger relationships with your children
- Support your children through the transition to high school
- Manage parent guilt and self-expectations

Help your children build self-esteem, confidence and more



Happiness Co



Core of Wellbeing

happiness.org | @happiness__co
coreofwellbeing.com.au | @coreofwellbeing

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