

1st November 2022
Newsletter issue: 16

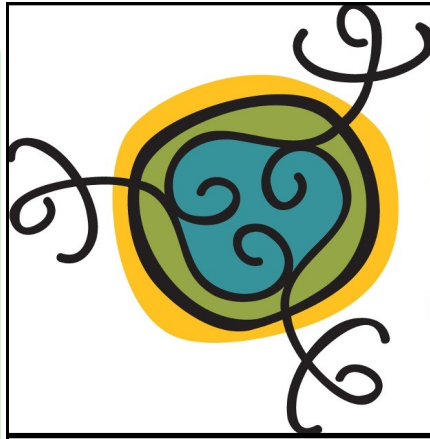
SCHOOL UNIFORMS

Click the link

Uniform Concepts

To order online before 5pm
Tuesday for free delivery to
school on Wednesday.

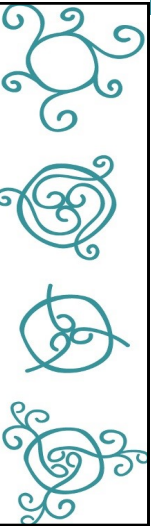
CHALK DUST CHATTER



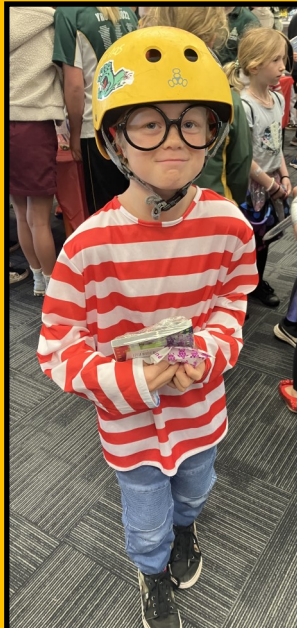
**Margaret
River** PRIMARY
SCHOOL
grow and achieve together

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**WE ♥
BOOK
WEEK**





...more BOOK WEEK



The Scholastic Book Fair 2022 was once again very successful, with students and parents of all ages finding something just right for them. We appreciate your support with the fair, as money raised goes towards ensuring our school library continues to be well resourced with the latest books and equipment for our students.

Thank you to everyone for the huge effort that was put into our Dress Up Day. As you can see by these photos, there were many fabulous and wonderfully creative costumes.





Fun Run Wrap Up

A whole school assembly was held in Week 2 to announce the winners of this year's Annual Fun Run. Mrs Clarke's class were the lucky winners of the pizza party and Scarlett Powell in Year 5 had the lucky ticket winning a 9th Generation iPad. Some students received MRPS drink bottles and gravity vouchers for their fund raising efforts. We would like to thank our parents, community and volunteers for once again supporting this event so generously. All funds raised enable our students to continue accessing up to date technologies and information.

FRIDAY SPORTS FUN

Our Year 4-6 students have loved to the opportunity to participate in a variety of off-site sports to start the term off. Here's a few snapshots of some of the fun.



Planning for 2023

As we head towards the end of the school year we are busy putting together a class structure that maximises learning opportunities for students. You can assist us with this planning by notifying the office on 9757 8500 as soon as possible if your family is moving on to an adventure somewhere else in 2023. Thanks for your assistance.

P&C Quiz Night

Thank you to the amazing P&C team who put on a brilliant quiz night at the River Hotel at the end of last term. The event raised nearly \$3500 which will go to our Kitchen Garden program to help fund plants, gardening tools and kitchen equipment. The event sold out for the second year in a row so make sure you are ready early next year to get hold of a ticket!



Interschool Basketball

Congratulations to our interschool basketball teams who competed at the southwest round of the state school championships last week. The girls just missed the grand final and the boys narrowly lost the grand final by one point. A big thank you goes out to Kellene and Art Harvey for training the students at school this term.

School Board

We invite you to join our school board as a parent representative. The school board meets twice each term for no more than 60 minutes and helps set the strategic direction of the school. We really need your input and would love to hear from you if you are interested in joining us. Please notify the office on 9757 8500 if you would like to nominate or would like to chat further about becoming a member.

Aaron Thomas, Principal

Merit Certificates

Room 10	Arlo Copley	Room T5	Fynn Thomas
Room 10	Lily Smith	Room T6	Violet Scott
Room 11	Jake Koontz	Room T6	Noah Guiss
Room 11	Saffi Harris	Room T6	Harper Repacholi
Room 11	Anika Clay	Room T7	Ronnie Schiller
Room 12	Hugh Campbell	Room T7	Marshal Runco
Room 12	Bella Anzulovic	Room T7	Taane Kaweroa
Room T2	Theo Bowers		
Room T2	Kelley Williams		
Room T3	Zayne Jardine		
Room T3	Rosie Kelly		
Room T4	Zara Notte		
Room T4	Saraiya Traianos		
Room T5	Rohan Redding		

Golden Broom Award

Week 1 & 2

Junior

Room 21

Senior

Room 1



IT'S SHOWTIME!

Time to get your creative food, Lego, Art & Gardening brains into action for the MR Agricultural Show!!!

See all the categories & put your entry form in online:

Click here for - [MARAGARET RIVER AG SHOW EXHIBITION HALL DETAILS AND ENTRY FORM](#)

Enter from the comfort of home right up until the closing date - 5pm, Wednesday 2nd Nov.

We'd love to see tonnes of MRPS entries in....especially in the cooking section!!



"My Favourite Group Settlement" Banner Competition

Did you know that our kids have been busy creating some fabulous banners for the "My Favourite Group Settlement Banner" competition, being organised by the Margaret River & Districts Historical Society?

If you click on [Margaret River & Districts Historical Society website](#), you will be able to see all of the banners that have been created by the Primary Schools in the region. All of these banners will be on display in the Pavilion Hall at the Margaret River Agricultural Show **and there is a huge prize of \$2,000 which has been generously donated by Margaret River Real Estate First National** which will be presented to the school with the most votes!

Members of the community will have a chance to vote for their favourite banner at the show. At the end of the day on Saturday, one ticket will be drawn out of the barrel and the winning school will receive \$2,000.

A \$200 gift voucher, donated by [the Margaret River Book Shop](#), will be given to a person who has nominated the banner.

Make sure you go along to the stand at [the Agricultural Show](#) on Friday 4th or Saturday 5th November in the Pavillion Hall and check out all the wonderful banners and cast your vote!



END OF YEAR CONCERTS AND CEREMONIES



Tuesday 6th December

YEAR 1 9:15am

YEAR 2/3 11:45am

YEAR 4/5 2:15pm

Wednesday 7th December

KINDY K1 & K3 9:15am

Thursday 8th December

KINDY K2 & K4 9:15am

Friday 9th December

YEAR 6 GRADUATION 9.15am

Tuesday 13th December

PRE-PRIMARY 9:15am

UPCOMING DATES

🎵 **MRPS Rock Bands** – MR Agricultural show Saturday 5th November 2022 from 12.00–1.30pm. Volunteers are needed to transport the gear to and from the GIG. Please contact me if you can help. Thank you.

🎵 **IMSS Parent Meeting**—A meeting will be held at MRPS in the Music room for those parents of successful applicants on Monday 14/11/22 in Week 6 from 4 – 5 pm

🎵 **P&C Car Boot sale 12/11/2022 at MRPS 9.00am-12.00pm**—There is a student busker timetable in the music room for any interested MRPS students who wish to busk on the day. The time slots are at 15 min intervals. The timetable is filling up. If your student would like to busk, please remind them to see me in the music room. Thank you. It is a \$2.00 busking fee, and they keep all profits.

🎵 **Settler Tavern MRPS Band Gig is on Wednesday 30/11/2022 from 5.00-7pm**. Please come along and support this fundraiser for the music room. Volunteers are needed to transport the gear to and from the GIG. Please contact me if you can help. Thank you.

🎵 **Crazy Crackers Christmas Choir** - All Dreamcatchers will be performing, and Years 1-6 students are now invited to join them to rehearse for the Carols in the Park on 9/12/2022. Rehearsals are held in the Music room every Wednesday from 1.05pm-1.40pm.

Please pop these important dates into your diary. Thank you.

Musical Notes



Helen Collis (Ms. Hel Bel)

Student Health and Wellbeing

MRPS Code of Conduct incorporates six core values:

Cooperation, Empathy, Enthusiasm, Flexibility, Honesty and Respect

VALUE—Cooperation

At Margaret River Primary School, one of our core values is Cooperation, which is where we work together to achieve success. You show cooperation when you work in a small group to accomplish a task, and when you allow each person in a group to have a say. For cooperation to work, everyone has to be an active member of the team and do what they agree to do. You can practice cooperation when you volunteer to do some jobs at home to help your family, when you play a team sport and work toward a common goal, or in the playground when you encourage everyone to join in. Remember, many hands make light work.

SDERA

Sugar is a drug; do you realise how much sugar your family is consuming per day? Experts suggest that anything under 5 grams of sugar per 100 grams is okay. We all need to eat less sugar in general, the more sugar you consume, the more your body wants it, also be aware of 'hidden' sugars. Excessive sugar consumption is associated with the development of the various diseases such as metabolic syndrome, obesity, heart disease, Type 2 diabetes and tooth decay. A 'moderate' intake of refined sugar can be an acceptable part of a healthy diet. Children eat about a third of their food at school, think about what foods you are putting in your children's lunch box. Children need nutritious foods full of vitamins, minerals and dietary fibre to grow and develop normally. Remember the daily food groups everyone's bodies need to grow strong and be healthy: fruit and vegetables – legumes/beans – grains – lean meats – dairy.

Here are some points to remember:

- * Eat a healthy breakfast everyday
- * Eat a variety of vegetables and fruits (different colours)
- * Drink at least 8 glasses of water per day. Make sure your children have their drink bottles every day.
- * Juice boxes are full of sugar and not recommended as a daily drink.
- * Read labels on the food you buy for sugar.
- * Limit the amount of soft drinks and cordial
- * Limit takeaway foods

Did you know there are about 60 names for sugar on labels? Here are just some examples; Anhydrous dextrose, brown sugar, cane crystals, cane sugar, corn sweetener, corn syrup, corn syrup solids, crystal dextrose. Eating a lot of sugar also means you may not be getting enough of other important nutrients that your body needs to operate.

It's now a great time of year to start growing some nutritional vegetables in your garden. We may actually get some sunshine and warmth soon. What a great healthy fun family activity to do. When children help grow vegetables or fruit, they are more inclined to eat them and then more likely to make their own healthy choices as they get older. Time to try new foods and recipes. Here's to living a healthier life without too much sugar in our diets!

Thank you for playing a vital role in your child's health and wellbeing education.

For more information, visit: www.sdera.wa.edu.au



Image from <https://www.kiddiesdentalcare.com.au/much-sugar-drinks/>



Last Tuesday in our school's partnership with Nature Conservation Margaret River, the Year 3 students went on a bird hunt. Bird expert, Christine Wilder, showed students how to use binoculars and where to look, as they walked around the school grounds. They made some surprising discoveries and are looking forward to their bird watching down at the weir during the annual Bioblitz excursion.

Below you will find the ordering information for our 2023 School Supplies.

Please note: School Booklists have been sent home with students

The information is also available on our website here [MRPS School Supplies](#)

MARGARET RIVER PRIMARY SCHOOL

2023 BOOKLIST INFORMATION

ORDERING OPTIONS:

ORDER ONLINE at: www.callows.com.au then click on "School Booklists" By **SATURDAY 31st December 2022.**

Your ACCESS CODE for ordering online is **MRPS2023.**

PLEASE CHECK: Confirmation and Approved Payment. Please print a copy of your order. (No email confirmation as per software provider).

OR

ORDERS MAY BE PLACED and PREPAID at: CALLOWS OFFICE CHOICE, 87 Queen Street, BUSSELTON

BEFORE SATURDAY 31st December 2022 between 9.00am – 5.00pm (Monday to Friday)

DELIVERY OPTIONS:

PRE-PACKED ORDERS can be delivered to you via AUSTRALIA POST under Australia Post normal DELIVERY arrangements for your area at a cost of \$7.95 (to be paid when ordering).

If you elect to have your order delivered, please fill out the HOME DELIVERY FORM attached.

Booklists will be delivered during January 2023.

OR

You may elect to collect your Stationery Order from: CALLOWS Back-to-School Stationery Warehouse, Frederick Street in the LIA (Map inc. online). You will receive a text message when your order is available for collection.

Collection days are TUESDAY and THURSDAY.

BETWEEN 10:00am – 4:00pm.

CREDIT/REFUND/EXCHANGE/RETURNS:

MUST be accompanied by a receipt.

Stationery items: Refund or exchange on any goods deemed faulty from the manufacturer until the end of WEEK 1 of school commencing.

Please choose carefully as no refunds on TEXTBOOKS.

Digital Products: No refunds on digital products. These will be under manufacturers warranty.

If a particular product is unavailable from our supplier, we will substitute with a product of similar/ better quality at the same price quoted.

Purchasing your orders through CALLOWS **SCHOOLSMART** benefits your school and ensure the correct items are supplied.