

23rd August 2022
Newsletter issue: 14

SCHOOL UNIFORMS

Click the link

Uniform Concepts

To order online before 5pm
Tuesday for free delivery to
school on Wednesday.

CHALK DUST CHATTER



Margaret
River PRIMARY
SCHOOL
grow and achieve together

Phone 97578 500
Margaretriver.ps@education.wa.edu.au

Fax 9757 8526
www.mriverps.wa.edu.au

GARDEN Sunshine equals smiles when it is time for KG classes. With Spring just around the corner, the garden is starting to get very busy. Potting up tamarillos, harvesting carrots, turning compost, feeding fish, cleaning the chicken coop and experimenting with the planting of some mature tomato plants, are some of the things on this week's 'to do' list.



Growing, Harvesting, Preparing



KITCHEN Who said Risotto is hard??? The Years 4 & 5 absolutely nailed it, with over 8 ingredients coming out of our garden and 15 ingredients overall. The teamwork was amazing and patience was needed for the 25 minute stirring, which none of the cooks that week would tag out! So proud and the best bit was that most of them loved it!! The full recipe can be found on page 4 so you can try it for yourself.

Mr Thomas on Leave

I will be on leave for the remainder of the term and Mrs Macaulay will take over as principal for the last five weeks before the holiday break. I look forward to seeing everybody again in October.

Basketball State Championships

We will be sending teams along to the WA School Sports Basketball State Championships. The preliminary round is being held in Busselton at the start of next term with teams from across the state then competing in Perth. Mr James will explain to our Year 5 and 6 students how they can be involved. Training will be held later this term, during lunch breaks, ahead of selecting a team that will continue training in the first two weeks of Term 4. We know how much our community loves basketball and we are looking forward to working together and showcasing our talents. More details will come before the end of the term.

Compass

Even more families have signed up to Compass and downloaded the Compass to their phones. It means that they are tracking attendance, submitting absentee notifications, receiving updates and news, looking at the who school calendar and giving permission to attend excursions quickly from their phones or computers. We will continue to provide hard copies of notes until the end of this year and then send all notifications to families online via the Compass platform. Please call or drop into the office if you need any help setting this up or signing in.

Aaron Thomas, Principal

Merit Certificates

Room 1	Jake Crimball-Hall
Room 5	Jackson Grayden
Room 7	Auma Robinson
Room 9	Tahlia Rumball
Room 10	Alby Alcock
Room 11	Betsy Englert
Room 11	Rydelle Bobis
Room 12	Finn Wishart
Room 16	Sofia Beurle
Room 16	Charlie Sewell
Room 17	Ra Laffy-Sims
Room 23	Isla Robinson

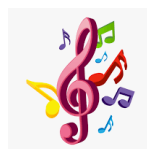
Room T2`	Oscar Chanin
Room T5	Tilly Skivinis
Room T5	Loki Marshall
Room T7	Isaac Mann
Room T7	Tully Evans

Golden Broom Awards

WEEK 5

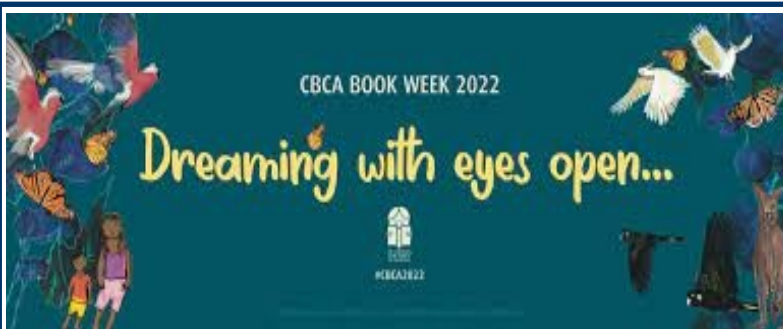
Junior Room 22

Senior Room10



Bee Bop A Lula

Year 5—Room T2



BOOK WEEK 2022

MRPS will be celebrating the annual Children's Book Council of Australia in Week 2, Term 4 in conjunction our Scholastic Book Fair. We are looking forward to sharing and celebrating all things books with you then .

CAN YOU HELP?



Many hands make light work and we would love to hear from you if you are able to help out on the day for an hour or two. Please call the front office on 9757 8500.

TRASH AND TREASURE DONATIONS

Year 3 students are holding a Trash'n'Treasure stall and are looking for any suitable donations - collection boxes can be found on the verandahs outside the Yr 3 rooms.



Fun Run

Friday 2nd September

1.15pm—3pm

AFTER THE RUNNING EVENT and LUNCH

Bring your spare coins to join in the fun. There is something for everyone!

ST
BA
OL
K



clothes drive



BOOK STALL DONATIONS

The Year 5 and 6's are running a book stall at the Fun Run. If you have any unwanted children's books, could you please bring them in!

Books can be placed in any of the collection boxes located around the school before the bell each morning. Thanks in advance!

PRE-LOVED CLOTHING STALL

The Year Six cohort will be running a Pre-Loved clothing stall after the Fun Run. Donations of second-hand children's clothes can be dropped to the East Activity Area or the Office any time from now up until the event.

Thank you for your support.



INGREDIENTS

AWESOME RISOTTO

- 3 x Tablespoons of olive oil
- 1 x Bay Leaf (REMOVE BEFORE SERVING RISTOTTO)
- 1 x finger of Turmeric (finely grated)
- 3 x slices of sweet potato, peeled, (diced into 1cm pieces)
- 1 x small brown onion (finely diced)
- 1 x Leek (finely sliced)
- 1 x Carrot (grated)
- 2 x white cup mushrooms (diced small)
- 1 x large garlic clove (crushed, peeled & chopped fine)
- 4 x Cups of hot water
- 1 & ½ of a Vegetable Stock Cube
- 1 OF EACH LEAF: Silverbeet, Kale & English Spinach (rolled & sliced thin)
- 1 x Cup of Italian Arborio Rice
- 2 x Tablespoons of Shredded Parmesan
- 1 X Stem of Parsley (leaves pulled off & sliced thinly)
- S & P

**INSTRUCTIONS**

GRATERS: Grate the turmeric & carrot straight into your LARGE frying pan and give to your Chopper.

COLLECTORS: Put olive oil straight into LARGE frying pan and give to your Grater. Collect rice, parmesan, bay leaf, turmeric and carrot separately. Collect stock cube and water into a small saucepan and give to your cook.

CHOPPERS: Get onion, leeks, mushrooms and garlic all prepped and put straight into the frying pan. After slicing ALL green leaves (kale, silverbeet, English spinach & parsley) put into a small steel bowl for cooking later.

METHOD

1. Bring the stock cube and water to a boil in a small saucepan over high heat. Once bubbling mad turn off the heat.
2. Heat olive oil in a large non-stick frying pan over high heat. Add the onion, sweet potato, leek, mushroom, carrot bay leaf, turmeric and garlic Stir the vegies around with your egg flip for 3-4 mins or until onion softens.
3. Add the rice and mix until the grains appear glassy and opaque. Then add the stock to the rice GRADUALLY (2 x ¼ cups at a time). Push rice around with your egg flip until ALL the liquid has been absorbed. Repeat with remaining stock (this should take about 25 mins). (YOU WILL NEED TO MOVE THE RICE AROUND THE WHOLE TIME)
4. Add Green Leaves to the rice mixture with the last cupful of stock. Cook for 1 minute more until heated through (the rice should be tender but firm to the bite). Turn off the heat.
5. Add the parmesan and stir through the rice.
6. Get your bowls ready and scoop Risotto in.
7. SERVES 4 - 5 SMALL BOWLS.

Student Health and Wellbeing

MRPS Code of Conduct incorporates six core values:

*Cooperation, **Empathy**, Enthusiasm, Flexibility, Honesty and Respect*

VALUE—Empathy

At Margaret River Primary School, one of our core values is Empathy, which is an understanding of other's feelings, emotions or motives.

From that understanding you will be able to help people out of bad situations. For example, if someone asks for help, try to understand what they are going through and how they feel, caring for each other's safety and wellbeing. It's important for all of us to ask questions such as "How would I feel if....?" and "What would happen if I were put in this situation?" Empathy sets students up to deepen relationships with their current classmates and people that they know outside of school.

Remember, Empathy is what allows you to treat other people as you yourself would like to be treated.

SDERA—Teaching road safety at home

It is important for parents and carers to be a good role models, please explain the road rules to your children. Make sure you supervise children when near traffic. Young children can learn safe pedestrian habits from you and continue these when they are old enough to travel alone. SDERA recommends children under the age of 10 not cross a street alone, always be with your child. They are too young to cope alone. Risks include their age and level of cognitive development, underestimating the speed of oncoming traffic, being distracted by their friends or phones. Here are some guidelines to help keep children safe as pedestrians:

In traffic situations

- ⇒ Hold your child's hand when you are near traffic.
- ⇒ Set a good example for them to copy. Explain what you are doing when you cross the road together.
- ⇒ Make sure they get in and out of cars on the kerb side.
- ⇒ Teach your children to keep looking in both directions and listening for traffic, as they cross the road.



At home

- ⇒ Separate play areas from cars. If possible, fence your child's play area off from driveways and the street. If this is not possible, help children choose safe places to play away from cars and driveways, and supervise them closely.
- ⇒ Always put a helmet on your child from the time they begin to use wheeled toys. Good shoes and protective clothing is also a good habit to develop.
- ⇒ Always walk right around your car before backing out. Have everyone else that is using your driveway, do the same.

Thank you for playing a vital role in your children's road safety education.

For more information visit www.sdera.wa.edu.au

The Triple P – Positive Parenting Program® is a toolbox of strategies, skills, and knowledge. Triple P is the world's most widely researched parenting program with hundreds of clinical trials and real-world studies that prove it works for most families. It's now online, and for Western Australian families, for Free!

Each module of the Triple P Online Course only takes about 30 minutes to an hour. You don't need to do it all in one block, either. Some parents prefer to just do ten or fifteen minutes a day. There are 8 modules in Triple P Online, 6 in Fear-Less Triple P Online. There's also an extra 'Parenting During Uncertain Times' module in each, to help with issues related to the COVID-19 pandemic. So if you start today and do one or two modules each week, you'll be finished in about a month! Of course, it's totally up to you. If you want to take it more slowly, take a break, or go back and revisit a previous module, that's all fine too.

There are two Free online Triple P programs now available: Triple P Online and Fearless Triple P Online.

TRIPLE P ONLINE

Positively influence your child's skills and development - a full toolkit of tips and ideas

- You choose what works for you - adapt to suit your family, your values.
- Be confident about handling each new age, stage and situation.
- Do it on your phone, computer, or tablet.
- Videos and fun interactive learning.
- 17 effective strategies – the world's first proven-to-work online parenting program.
- 24/7 online, at your place, at your pace.

Earn badges, track your progress and print your certificate.

FEARLESS TRIPLE P ONLINE

Help your child manage anxiety and become more emotionally resilient

- Get a better understanding of anxiety and fear and what can be done about it.
- Get a whole range of tools and strategies based on proven principles.
- Know what to do when your child is anxious or upset.
- You choose what works for you – adapt to suit your family, your values.
- Do it on your phone, computer, or tablet.
- Videos and fun interactive learning.
- 24/7 online, at your place, at your pace.

Track your progress and print your certificate.

<https://www.triplep-parenting.net.au/au-uk/en/triple-p/>.



The P&C are looking for community members and local businesses to donate prizes for the pending P&C quiz night fundraiser for the MRPS SAKG program. Donations can be made via Cate Chater at catechater@yahoo.co.uk the P&C facebook page or by contacting Nat Janyshyn on 0425 721 643. Donations can be dropped at the MRPS front office.



\$200
PER TABLE

QUIZ NIGHT!

TABLES OF 8
ONLY 12 TABLES
RAFFLE
SPOT PRIZES



THURSDAY 08.09.22

THE RIVER HOTEL

DOORS OPEN 6.30PM

QUIZ STARTS 7.00PM

ALL FUNDS GO TO THE

KITCHEN GARDEN PROGRAMME

TICKETS - EMAIL: CATECHATER@YAHOO.CO.UK



SAVE THE DATE

FUN RUN



Friday 2nd September

Years 3-6 at Gloucester Park

Years Kindy—2 at MRPS school oval

See notes for start times

Followed by an afternoon of activities and stalls back at school

Notes with more information will be sent home with students

LUNCH ORDER INFORMATION

Canteen Fun Run lunch orders are **ALL** online this year

Orders can be placed via Quick Cliq

CTRL + click this link to begin [QUICKCLIQ](#)

or visit www.QuickCliq.com.au and register

Fun Run orders are found under the 'Special Function' button

OPTIONS. *(Please see the canteen if you are having a problem)*

Sausage in a Bun & Juice Box \$7 *(Gluten free available)*

Vego sausage in a Bun & Juice Box \$7 *(Gluten free available)*

PLEASE NOTE: Recess canteen is available but

NO OTHER CANTEEN LUNCH ORDERS ARE AVAILABLE ON THIS DAY

Volunteers Needed

Many hands make light work and we would love to hear from you if you are able to help out on the day for an hour or two. Please call the front office and leave your details 9757 8500.

grow and achieve together



Margaret
River PRIMARY
SCHOOL

2nd September 2022

FUN RUN
grow and achieve together

**TOP FUNDRAISING
CLASS IN THE SCHOOL**



PIZZA PARTY!



**TOP FUNDRAISER
FROM EACH CLASS**



CUSTOMISED MRPS WATER BOTTLE!



**TOP FUNDRAISER
FROM EACH YEAR LEVEL**

\$40 GRAVITY VOUCHER!



Extreme Trampoline Centre
Creating possibilities for youth & community

RAFFLE WINNER



**64GB 9TH GENERATION
IPAD!**



Department of
Education

Cleaner wanted

Margaret River Primary School

Location: 91 Forrest Road, Margaret River 6285

We are looking for a dedicated and organised Cleaner to join our friendly team.

For more information: contact Karen James, Manager Corporate Services, by telephoning (08) 9757 8504 or emailing Karen.James@education.wa.edu.au

Apply now by scanning the QR code with your smart phone or find our job on www.jobs.wa.gov.au and search for Margaret River Primary School

Applications close:
3.30pm (WST) on Friday, 23
September 2022.]





**MAKE A LIFE-LONG IMPACT
ON A YOUNG PERSON'S LIFE**



WE NEED MORE VOLUNTEERS!

Do you know someone who would like to become a mentor or classroom volunteer at our school?

Contact EdConnect to get set up and start helping our students thrive.

Just ONE hour a week makes a lifelong impact!



EdConnectAustralia.org.au

Call 1800 668 550

Follow @EdConnectAustralia

Email edconnect@edconnect.org.au

Volunteers play an important role at Margaret River Primary School to help provide students with extra support. Mentoring and Classroom Support roles are available and we are looking for volunteers to fill them.

Become an EdConnect Volunteer. EdConnect Australia recruits, trains and supports a group of intergenerational volunteers to work with young people in local schools. If you or someone you know would like to support our school, please get in contact with EdConnect Australia.

Please see attached the information on Kidsport, a government grant that gives families \$150 to spend annually on sports coaching. You can now apply and receive either 3 x 2 hour group surf lessons or 2 x 1 hour one-on-one surf coaching.

To receive the voucher to spend families apply to the application below.

<https://kidsport.dlgsc.wa.gov.au/kidsport/apply-for-kidsport-2019-1/>

Simon Tien

Margaret River Surfing Academy

0418958264

info@mrsurf.com.au

You can find details of all Kidsport Approved Clubs in your location [HERE](#)



Mindful Margaret River will be working with us later this year to present a parent workshop at school.

Details to follow. <https://mindfulmargaretriver.org.au/>