## 24<sup>th</sup> May 2022 Newsletter issue: 7

# SCHOOL UNIFORMS

Click the link

**Uniform Concepts** 

To order online before 12pm Tuesday for free delivery to school on Wednesday.





This year I have been asked to judge the fruit and veg exhibition at the Margaret River Show, Friday Nov 4. This year we've tried to make sure the fruit and veg classes being judged are more reflective of what grows here in the southwest and is ready in November. And with the help of lots of input from kitchen garden students, we've added three new categories of fruit and veg:

### Oddest looking Most colourful Heaviest

We have 62 prizes on offer this year including: 3 x \$20 vouchers from Bunnings MR, cash prizes for all class winners and runners up – there's 29 classes so those odds are pretty good, and a Best Show Specimen of a fruit a veg with that skillful grower winning a \$50 MR Mitre 10 voucher. Anyone who enters any fruit or veg into the Show automatically qualifies for Best Show Specimen entry.

Classes will include beans, beetroot, lettuce, garlic, potatoes, radish, rhubarb, silver beet, rainbow chard, zuchinni, avocado, berries, cherries, citrus, passionfruit, and display baskets of both fruit and veg. Keep an eye out for the 2022 Show Booklet that will have all the details. I'll also be handing out booklets to interested KG students at the school. Get planning and or growing now so you're ready to enter your fruit and veg on Nov 4.

Happy growing everyone and enjoy the rain.

Terri

Garden Specialist













At the most recent P&C meeting the decision was made to donate nearly \$25 000 to the school to continue to develop learning spaces outside the classrooms that do not have common learning areas. The classrooms along the corridor are progressively being fitted with weatherproof doors and high quality marine grade carpet that is allowing students to transform the areas into functional learning spaces. The donation will provide doors between the Pre-primary area and Room 8 along with carpeting outside rooms 4, 5, 6, 7, 8 and 9. Money raised at P&C events and through generous parent donations each year continues to provide facilities upgrades for our students. Thank you!

## **RAT Distribution**

20 RATs have been allocated to each student in the school. After being available before and after school in the assembly area all last week, they can now be collected from the office. If you are unable to make it in you are able to send somebody else along to collect them for you. Students who have a household member who has tested positive may continue to attend school if they are asymptomatic and return a negative RAT each day during the infectious period of the household member.

## Semester 1 Reports

This semester has been challenging with many students missing more than a week of school through either being close contacts or returning positive COVID tests. The challenge for our teachers has been providing continuity with teaching and learning. As students return to class after being unwell, other students tag out with the virus. We have been unable to meet regularly as teams of teachers and have not been able to conduct the usual assessments that help us understand where students are at and where we need to take them next. With this in mind, Semester 1 reports will not contain a comment for English or Maths. Students will receive a grade for each learning area, an assessment of their *attitude, behaviour and effort* and a general comment. Students who have been absent due to COVID and who have received distance learning packs do not have those five days recorded as an absentee. If this relates to your family then please consider this when reading the *number of days* absent at the bottom of the Semester 1 Report. Should you wish to discuss your student's learning further you are able to make an appointment to speak with your student's teacher via the office on 9757 8500.

### Students on Grounds after School

Can you please remind any primary school and high school aged students in your family that the grounds are off limits outside of school hours and over the weekend. We have had a run of vandalism to some areas of the school and we don't want any of our students implicated in this by being on school grounds after hours. Thank you.

### Aaron Thomas, Principal

It is great news that we are staring to be able to look at heading out on more excursions with the easing of Covid restrictions. It is very important that your contact details are up to date on our system to ensure that all communication sent out reaches you in a timely manner. Please call the front office on 9757 8500 if you have had any phone, email or postal address changes recently. Thank you.



**Chalk Dust Chatter** 

What's on in Term Two?					
20 Mari	Creart Ordiana	20 km s	Conion Assembly		
20 May	Sport Options	20 June	Senior Assembly		
23 May	Combined Assembly	21 June	Musica Viva		
	Rm 10 Cape Catchment	22 June	Musica Viva		
26 May	Rm 12 & 1 Cape Catchment	27 June	Combined Assembly		
27 May	Sports Options	1 July	PJ Day Fundraiser		
30 May	Rm 11 Cape Catchment	1 July	Last day of term 2		
6 June	Public Holiday	1 July	School reports out		
13 June	Junior Assembly	18 July	Pupil Free Day		
17 June	Winter Carnival	19 July	First day of term 3		

# Merit Certificates

Rm 01 Imelda Ensor	Rm 17	Kaleya Vance
Rm 01 Abbie Adamson-Lizee	Rm 17	Floyd Coates
Rm 01 Savannah Dowling	Rm 23	Louis Grummitt
Rm 01 Grace Hastings	T2	Lola Stanford Stone
Rm 04 Oscar Pugsley	T2	Niamh Reid
Rm 04 Chloe Wheatley	T2	Gracie Mann
Rm 05 Laura James	T2	Floyd Coates
Rm 05 Frankie Desmond-	T2	Kaleya Vance
Behrens	Т3	Ella Harvey
Rm 07 Blossom Worrall	Т3	Flynn Pearce
Rm 07 Kalea Noonan	Т3	Elke Brouwers
Rm 09 Louie Geddes	T4	Emerson Yarwood
Rm 09 Romeo Bax	T4	Josh Yates
Rm 10 Millie Butcher	T4	Emma Newnham
Rm 10 Arlo Copley	T5	Romy Basford
Rm 10 Iris Mas	T5	Stevie Laws
Rm 10 Emma Newnham	T5	Silas Rock
Rm 11 Ava Wilson	T5	Mia Madaffari-Rowsell
Rm 11 Ruby Hunt	Т6	Laila Dunkling
Rm 11 Oliver Noble	Т6	Archer Williams
Rm 12 Betty Gibbs	Т6	Bridget Lonnie
Rm 14 Wesley Dunkling	Т6	Abigail Bailey
Rm 14 Chelsea Webb	Τ7	Leland Shaw
Rm 16 Annalise Josway	Τ7	Ruby Pateman
Rm 16 Ray Gardiner	Τ7	Tyla Harvey
Rm 17 Layla Thompson		

# Bee Bop A Lula Award

Year 5—Room T4





# Tidy Room Award

WEEK 1 & 2 Junior Room 7 Senior Room T7

## WEEK 3

Junior Room 20 Senior Room T2

WEEK 4 Junior Room 5 Senior Room 10



With the cooler weather arriving, the Winter menu is now back in place at the canteen. This means the return of lovely warm soup, which is available at recess for \$2.50 a cup.

Orders can conveniently be placed online via Quickcliq. If you haven't signed up yet, click the following link <u>Quickcliq Parent Registration</u> to register and then you are set to go.





We are currently taking enrolments for our 2023 Kindy program. If your child was born between 1st July 2018 and 30th June 2019, they are eligible to start in Kindy next year.

An application for enrolment can be found on our website, or by clicking this link <u>Application for Enrolment</u>, alternatively, you can pick a form up at our front office any week day between 8am –4pm.

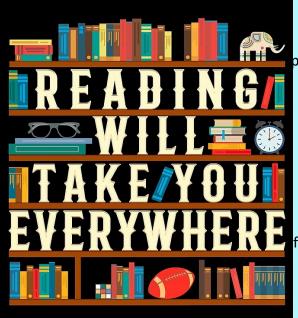
Your application should be accompanied by the following:

- Birth certificate (original or certified copy) or extract or other identity documents if applicable.
- Immunisation History Statement (Available from ACIR: 1800653809 or email acir@humanservices.gov.au).
- Proof of residential address (copy of utilities bill or rental agreement)
- Copies of Family Court or any other court orders if applicable.

Please contact the front office if you have any further queries on 9757 8500.







# 2022 Premier's Reading Challenge

Students from Kindergarten to Year 10 can register and participate in the Premier's Reading Challenge to enjoy and explore amazing stories and magical journeys through books via the website

2022 Premier's Reading challenge

The challenge is to read 12 books from an online booklist of over 7000 book titles for students to browse and log, or they can log their own book title. ABC Radio Perth will record weekly sessions featuring authors, personalities, students and teachers being interviewed. We look forward to all the positive benefits the challenge will bring to our students

# **Stamp Club**

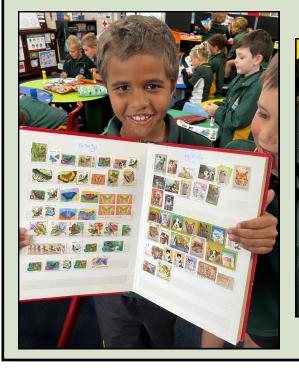
The Margaret River Primary School Stamp Club is kicking off again next week again after the summer break. Going strong in our fourth year, we are the only primary school-aged Stamp Club in Western Australia and one of less than 10 nationally.

Three dozen or so students from Year 2 to 6 meet Monday lunchtime to sort, exchange, and categorize postage stamps from across the world, in a fun, sociable and no pressure environment. All club members get to keep around 25 stamps a week and over the past few years we have given away over 120 free stamp albums to regular attendees and their families.

If you have any old stamps, albums or stamp collecting paraphernalia gathering dust and looking for a good home, drop them into the school front office at Margaret River Primary School on Forrest Road in Margaret River. Any donation, however small is appreciated and will be passed on down the line to families and kids.



Mr Dowling Year 3, Room 5







## IMSS

Thank you for your flexibility with the date/time changes for some IMSS lessons. Please remember to regularly check the noticeboard outside the music room and on the door in Room 18.

# MRPS CHOIR has begun...

It was a wonderful welcome back choir session last week with lots of smiling, enthusiastic students continuing and joining the choir (Dreamcatchers)

All students from years 3- 6 who would love to join our happy family, learn singing techniques, make new friends, build confidence, and have fun please come along

on Wednesdays to the music room. Please come straight after you've eaten your lunch to the music room at 1.05pm.

Wishing all students, a speedy recovery as we have a few away from choir.

If you already have a badge, please wear it, and bring along your display books to add any new song sheets. Thank you.

We have **WaTutti 2022** this year. Biannually 5 schools in the region learn songs and come together as for a workshop and overnight camp and perform/tour to each school as **one choir**. (Watutti 2022) Looking forward to seeing you on Wednesday full of smiles and enthusiasm.



This term we will have the pleasure of live, interactive performance by 'Walking With The Wilderness' in week 9. (More details later). The MRPS music program, this term, will deliver the resources to develop skills and understandings in the teaching of music.

## Walking With The Wilderness (This year's ensemble)

Walking with the Wilderness takes students on a musical discovery of nature! Combining flute, percussion and electronics. This resource features new music written by contemporary Australian composers and First Nations artists, inspired by fungi, cicadas, birds and more! Students will deepen their connection to the natural world and use their imagination to create music for the flora and fauna all around us. Cultural Protocols

Richie Allan is an Australian multidisciplinary artist and Ngunnawal custodian. The honouring of all Aboriginal and Torres Strait Islander traditions and cultures is an essential consideration when working with Aboriginal and Torres Strait Islander material. This teaching resource and performance have been developed with recognition and respect of all cultural content and individual contributors. The music composed by Richie Allan and The Griffyn Ensemble has permission to be performed and reproduced off country.

#### 24/05/2022

# BANDS

All bands have recommenced. An information/permission note has been sent home with students

Please return the completed form to the music room. Don't hesitate to contact me if you have any queries.

We welcome back our coaches, Tony Lane and Graeme Smailes, our amazing, talented enthusiastic and all-round wonderful people! Please ensure you have their contact details and vice versa. They can swap contact information at their band session.



Boodji Beats (Graeme Smailes)



# NEEDED

Any students who have at least two years' experience in guitar, bass, drums, vocals, keyboard etc are most welcome to join. We currently need guitarists. Please pop to the music room asap to register your interest if you haven't already. Thank you.





**River Rascals (Tony Lane)** 





# **Raising Screenagers**

## A free webinar with Dr. Kristy Goodwin

"Just five more minutes!" Sound familiar?

How do you create healthy boundaries for your teen's screentime without digitally amputating them? This workshop by renowned digital wellbeing expert, Dr Kristy Goodwin, will offer evidence-based, realistic advice to help parents and carers feel more confident about supporting your teen's physical and mental wellbeing.

Kristy will explore:

- · A simple formula to establish healthy screentime limits for teens of various ages
- Why young people are susceptible to potential pitfalls online and how best to navigate social media and online video games
- Why digital detoxes are critical for your teen's physical and mental wellbeing

The webinar is free but you need to book! Click here to register: Webinar Raising Your Child Online Parenting Connection - Dr Kristy Goodwin When: 6-7:30pm 27<sup>th</sup> June Where: Online



# Strengthening Children and Teens Against Anxiety

An evidence-based workshop by renowned psychologist Karen Young

What could our children do if they knew in their hearts they were brave enough? All children and teens are capable of their very own versions of greatness. For too many though, anxiety will shut down their capacity to discover their potential – but it doesn't have to be this way. This transformational session will provide the essential information and strategies to help all parents and carers support children and adolescents to build courage and resilience, uncover their strengths, and take anxiety back to small enough. We will discuss ways to nurture the skills and qualities that will strengthen all children for life. Participants will learn:

- a new, empowering way for children, teens, and adults to think about anxiety, and how to use this to manage anxiety;
- taking the 'anxiety out of anxiety';
- how to build courage, resilience, and confidence in children and teens with anxiety;
- proven, practical ways to calm and strengthen an anxious brain;
- the power of parents to move children towards brave behaviour, and how to do this when anxiety is in the way;
- · how to respond to anxiety in the moment to make way for calm and courage;
- how children can switch on the relaxation response;
- the different ways anxiety can manifest, and what to do;
- how to build the mindset that will strengthen against anxiety and make way for brave behaviour;
- how to build the solid neural foundations of resilience in all children;
- why new behaviours take time, why old responses can feel tough to change, and the simple explanation for children and teens that can build resilience and grit.

Because we know our children are mighty. Now to make sure they know it too.

Online workshop 23rd June at 10am. To register click here.



# MARGARET RIVER JUNIOR RUGBY CLUB

# Calling all YEARS 1 - 3 (7 and 8 year olds)

- Interested in meeting new friends?
- Would you like to try a new sport?

MR Junior Gropers Rugby Club could be for YOU! Training Every Wednesday 4:30 – 5:30

For more info, contact Abi: 0490 764427 Or Stephen: 0422 902199

A GROUP OF INTERGENERATIONAL VOLUNTEERS HELPING STUDENTS THRIVE

# ED CONNECT Australia

**VOLUNTEERS ROCK!** Australia's program Our school participates in EdConnect Australia's program that provides us with trained volunteers who help students achieve success - at school and in life.

If you or someone you know is interested in getting involved, contact EdConnect Australia.



supported by Department of Education



# EdConnectAustralia.org.au

Call 1800 668 550 Follow @EdConnectAustralia Email edconnect@edconnect.org.au

#### Student Health and Wellbeing

MRPS Code of Conduct incorporates six core values: Cooperation, Empathy, Enthusiasm, Flexibility, Honesty and Respect

## <u>Empathy</u>

At Margaret River Primary School, one of our core values is Empathy, which is an understanding of other's feelings, emotions or motives.

From that understanding you will be able to help people out of bad situations. For example, if someone asks for help, try to understand what they are going through and how they feel, caring for each other's safety and wellbeing. It's important for all of us to ask questions such as "How would I feel if...." and "What would happen if I were put in this situation?" Empathy sets students up to deepen relationships with their current classmates and people that they know outside of school.

Remember, Empathy is what allows you to treat other people as you yourself would like to be treated.

#### **SDERA**

## **Resilience and Wellbeing**

### <u>Self-awareness</u>

The world has been facing an unprecedented challenge with the COVID-19 pandemic and, the impacts will be felt for a long time. Everyone has bad times and these times don't last forever. Everyone has bad things happen to them that they can't change. Everyone makes mistakes. Everyone feels rejected, lonely or sad at some stage in their life. Talk with your children about emotions, feelings and who and what makes them happy, sad, nervous etc.

Talking to others when you are having a bad time, worried or unhappy will help you put things into perspective and bounce back. Talking to someone about our problems can sometimes take courage and is a sign of strength not weakness. When things are changing and uncertain, it can be easy to forget that some of the most basic strategies for protecting and promoting your wellbeing are also the most effective.

Help your child to practise these skills at home;

- Skills for recognising and labelling own emotions.
- Be able to know what might influence their successes and mistakes.
- Be able to see that the way they think about mistakes and negative situations can affect how they feel and behave.
- Be able to self-reflect on their behaviour and decisions.
- Realistic and positive self-knowledge of strengths and challenges
- Practising helpful and positive thinking.
- Be able to identify their strengths and challenges.

Children are always watching and will copy what we do. Be a positive role model. Use these skills and show your children how to be resilient. Talk your problems through with others and review different solutions.

Thank you for playing a vital role in your child's resilience and wellbeing education.

For more information visit www.sdera.wa.edu.au



# A FUNFILLED WAY TO LEARN HOCKEY!

Hockey WA's grassroots participation program – Goldstix, provides the opportunity to learn hockey in a fun, safe and inclusive environment.

\*Learn hockey skills and build fundamental motor skills\* \*Players learn the game in a safe environment with modified equipment\* \*Develop skills at your own pace\*

\*Its inclusive! - everyone is welcome to get involved\*

LOCATION: Western Oval, Gloucester Park, Margaret River

DAY & TIME: Every Tuesday 4-5pm

START DATE: Starts 10th May (runs for 9 weeks)

AGE: Pre-Primary to Year 2

COST: Membership fee \$52.50

CONTACT: Erin - info@margaretriverhockey.org.au

MARCARET RIVER

REGISTRATION LINK: http://www.margaretriverhockey.org.au/goldstix