**More support for families factsheet**

*Document name is sentence case (capitals and lower case), bold, size 14 font*

If any parents need additional support for their child, please encourage them to use these support services:

1. Their local doctor.
2. Beyondblue  
   Confidential support and advice from a trained mental health professional.   
   T: 1300 224 636  
   W: beyondblue.org.au
3. Kids Helpline  
   Free, private and confidential, telephone and online counselling service specifically for young people.  
   T: 1800 551 800  
   W: kidshelp.com.au
4. Mental Health Commission  
   W: mentalhealth.wa.gov.au
5. Parenting WA Line  
   Trained parenting consultants are available 24/7 to provide information and guidance on any aspects of parenting.  
   T: 6297 1200 or 1800 654 432
6. YouthLine  
   T: 9388 2500 or 1800 198 313