**More support for families factsheet**

*Document name is sentence case (capitals and lower case), bold, size 14 font*

If any parents need additional support for their child, please encourage them to use these support services:

1. Their local doctor.
2. Beyondblue
Confidential support and advice from a trained mental health professional.
T: 1300 224 636
W: beyondblue.org.au
3. Kids Helpline
Free, private and confidential, telephone and online counselling service specifically for young people.
T: 1800 551 800
W: kidshelp.com.au
4. Mental Health Commission
W: mentalhealth.wa.gov.au
5. Parenting WA Line
Trained parenting consultants are available 24/7 to provide information and guidance on any aspects of parenting.
T: 6297 1200 or 1800 654 432
6. YouthLine
T: 9388 2500 or 1800 198 313