

## KINDY Winter Menu

### Lunch

#### **Fresh Sandwiches, Rolls & Wraps**

##### Fillings available

Ham, Chicken, Tuna, Egg or Cheese  
Salad (incl. lettuce, carrot, tomato, cucumber)

*Extras Avocado, baby spinach, hummus or grated fresh beetroot*

#### **Sandwich**

One filling \$4.00  
Two fillings \$4.50  
Three fillings \$5.00

#### **Roll or Wrap**

One filling \$4.50  
Two fillings \$5.00  
Three fillings \$5.50

Gluten Free available add \$1.00  
Extras add \$1.00

Vegemite roll \$2.50

#### **Toasted Sandwich, Rolls and Wraps**

##### Fillings available

Chicken, ham, tuna, baked beans, cheese, tomato, corn or pineapple

*Extras Avocado, baby spinach, hummus or grated fresh beetroot*

#### **Toasted sandwich**

One filling \$4.00  
Two fillings \$4.50  
Three fillings \$5.00

#### **Toasted Roll or Toasted Tortilla Wrap**

One filling \$4.50  
Two fillings \$5.00  
Three fillings \$5.50

Gluten free available add \$1.00  
Extras add \$1.00

\*\*Please note that all sandwiches and rolls are wholemeal unless white is requested

**Rainbow salad bowl \$5.00**

#### **Choose one:**

Ham, chicken, tuna, egg or cheese

#### **Salad includes**

lettuce, tomato, grated carrot and cucumber

Extras Avocado, baby spinach, hummus or  
grated fresh beetroot add \$1.00

### Lunch Snacks

Muffins \$2.50

*chocolate or fruit*

Banana Bread \$2.50

Banana Bread *gluten free* \$2.50

Boiled egg \$1.00

Popcorn \$0.50

Fresh seasonal fruit \$1.00

Dried fruit \$0.80

Yoghurt \$2.00

*Vanilla, mixed berry or strawberry*

### Drinks

Plain Milk \$2.00

Bottled water 600ml \$2.00

#### HOW TO ORDER FROM OUR

#### SCHOOL CANTEEN

1. Please write KINDY at the top of every lunch bag.
2. Write child's name and room number under KINDY.
3. Write food order in the middle of the bag.
4. Enclose total amount owed.
5. Parent/sibling to take order/payment to canteen before school.
6. Lunch's will be collected and brought to class.

