

**22nd May 2020**  
**Newsletter issue: 6**

*CHALK DUST CHATTER*

**UNIFORM SHOP**

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WOW—it has been so great to have our kitchen classes start again this week. Students were super keen to be back, and our lovely Kitchen Specialist Sarah had them cooking up a fantastic healthy and fresh noodle cup, utilising some of the ingredients from the garden. This is a great flexible recipe and pictured below is an example of some of the ingredients you could use.

It was such a beautiful morning when T2 had their class that they got to sit outside and enjoy their culinary creations in the garden.



**KITCHEN CLASSES**

**ARE BACK !**

DIY instant noodle cups

fresh ingredients		
herbs	chilli	beansprouts
spring onions	lime or lemon juice	
noodles		
cooked udon noodles	$\frac{1}{2} - \frac{3}{4}$ cup	cooked rice noodles
cooked ramen noodles	cooked soba noodles	cooked egg noodles
vermicelli		
filler ingredients		
cooked meat	$\frac{1}{4} - \frac{1}{2}$ cup	asian greens
corn	carrots	sliced
spinach	mushroom	diced
	peas	tofu
ginger	flavour-extras	garlic
soy sauce	1-2 teaspoons	chilli
	coconut milk	garlic
	sesame oil	sauce
miso paste	1-2 teaspoons	curry paste
	stock powder	



**We're all back!**

We have more than 95% of our students attending each day now which is actually more than what we usually would, given that a number of families are usually away on vacation at this time of year. There are still some restrictions on how we go about our day at school but the students, staff and families are doing a great job of adapting. Students are making their way to and from classes by themselves well and are experiencing a structured, organised and calm start and end to the school day. We can't all get together for assemblies but our student leaders have been visiting classes every second Monday to award merit certificates. The uniform shop is open on Tuesdays and Thursdays with parents collecting orders at the office and the canteen is as busy as ever with online and cash sales every day. We are re-imagining how some of our favourite school events can still be our favourites – but just looking a little different this year. The Kitchen Garden program is back in full swing and classrooms are abuzz with lots of hands on learning. There is even a whisper of a before school running club kicking off in the weeks ahead! If students are feeling unwell or have any cold and flu like symptoms, please keep them at home so that we all stay fit and healthy. It's great to have you all back!

**Winter Uniforms**

Students have been reminded of the importance of wearing a school uniform every day. We have a number of excellent condition pre-loved jumpers available for a small donation through the school office if you are looking for spare. Don't forget to remind students to look in the lost property boxes if they lose their jumper. The uniform shop is open on Tuesdays and Thursdays with orders being able to be collected from the office. If students need to try something on to make sure it fits then we can help out with that too.

**Traffic Update**

Relief is in sight with the expected completion of the roundabout on Bussell Highway at the end of the month. We have had the Shire monitoring traffic flow along all of our streets and we have asked for additional traffic management to assist in keeping everybody safe. Thank you for making the most of the Kiss and Drive zone and for keeping the staff carpark clear.

**How good to the grounds look!**

Greg and Helen are doing an amazing job of making the outdoor spaces that we have look their very best for the students. The little breather that the grass and gardens had when students were at home has freshened everything up. You might not be able to see from outside the school but we have had lots of projects going on inside the school including the resurfacing of the verandas and the installation of new veranda walls to brighten up the school and to keep the weather out.

**Thank you**

Thank you to the whole school community for the trust and appreciation that you have shown in returning students to school. It might have been a little hard letting the students go at the gate and hoping that they would settle back into school but they are doing a great job and enjoying being back at school. We appreciate your support and wish you and your family well.

*Aaron Thomas, Principal*

**NO MORE MILK BOTTLES PLEASE**

Our Kitchen Garden team has had such a fabulous response to its request for milk bottles that they currently have enough, so no more donations are required at this stage. Thank you.



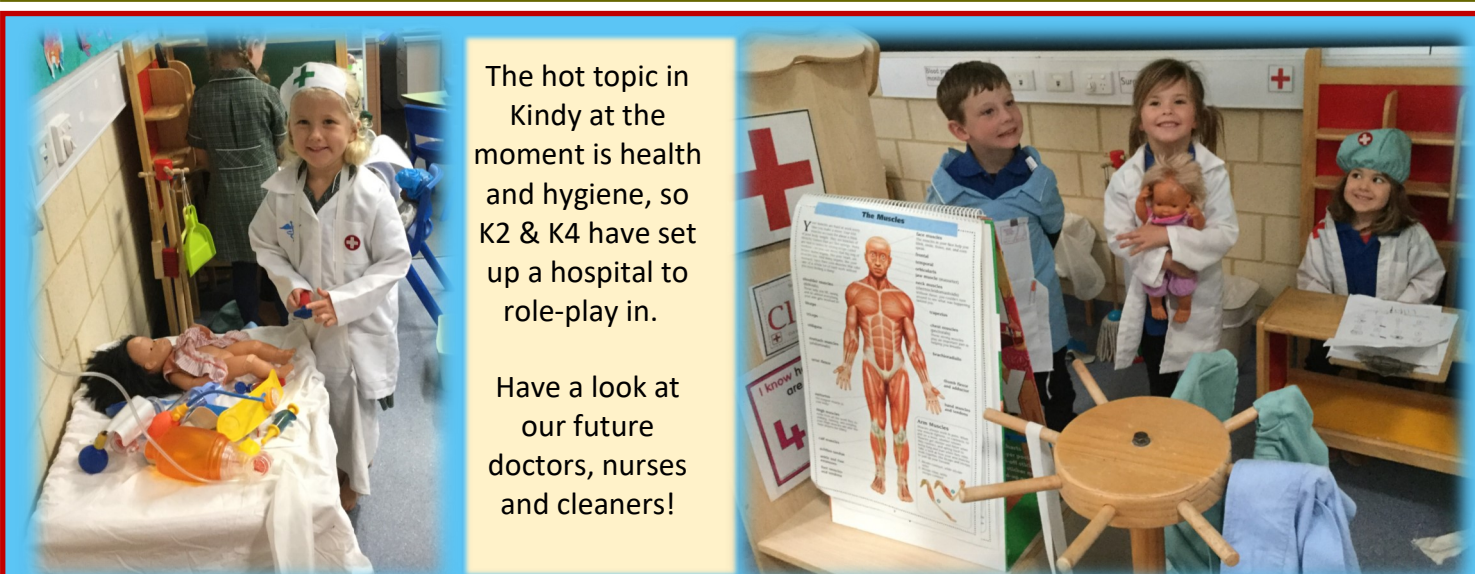
### Merit Certificates

Room 2	Grace Garrett	Room 15	Alex Mitchell	Alby Alcock
	Myah Byrne		Gradyn Smilovitis	Room T7
Room 4	Charlie Gray	Room 16	Silas Rock	Sophia Sukasana
	Lakey Grant		Tilly Skivinis	Reef Parker
Room 6	Tully Evans	Room 17	Joel Gelden	Room T9
	Savannah Dowling		Tyla Harvey	Rupert Ensor
Room 5	Grace Hastings	Room 22	Finn McLeod	Indigo Dowling
	Lochy Brown		Morris Owen	Room T11
Room 7	Lola Stanford-Stone	Room 23	Macabee Hooper	Heath Williams
	Elke Brouwers		Isabella Williams	Marni Tost
Room 10	Scarlett Wenman	Room T2	Stella Male	
Room 11	Luca Vitnell		Jet Kaew-ard	
	Joe English	Room T5	Edward Sanders	
Room 14	Abbey Jack		Cherri Hines	
	Hendrix Cox	Room T6	Rose Tiedgen	

### Golden Broom Award

Junior – Room 7  
Senior – Room T6

Bee-Bop-A-Lula  
Room 7



# Kindy Kids Cleaning & Caring





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## Room on Our Brooms!

Last term in Room 15 we read the book *Room on the Broom*. We let our imaginations run wild and designed broomsticks with special features to suit our own needs and wants. On Thursday we had the chance to create our broomsticks using mostly found and recycled objects. Once we were finished, we put on our yellow and green thinking hats to reflect on and evaluate our creations and the design process. The results were truly magical!



## BABY FOOD JARS

The Kitchen Garden team has got a special secret project in mind... and to see it come to life we need your used baby food jars with lids. For all you carers out there of little ones, please keep your jars and drop them to the Margaret River Primary School front office on Forrest Road. Clean and label free would be great but we'll accept anything. And the smaller the better! Stay tuned for just what we'll be using these jars for later in the year.







To celebrate International Bee Day on Wednesday, Ms Angell and the students from K2 and K4 made these super cute bees. Students have been spending time looking at the different insects in and around Kindy over the last few weeks so this was a perfect complimentary and fun activity .

## Instrumental Storytelling

Last week in music we explored the idea of using instruments to tell a story. We watched an animation that accompanied a piece of music called "Conversation of Beauty and the Beast" and we looked and listened for how particular instruments were used to represent different characters and events in the story. The students then worked in groups to create their own compositions to tell the story of Jack and the Beanstalk. They used a variety of tuned and untuned percussion instruments and performed their composition to the class.





Thanks to everyone for dropping in their recycled items to our Oral Care program. Pictured below is the latest batch being sent off by Ms Angell this morning. We plan to continue our commitment to this program and the collection tub is located near the hallway in the front office if you would contribute. Pictured on the right are the items accepted through the program. Please note that cardboard packaging is not accepted and can just be placed in your yellow recycling bin. Thank you.



## COLGATE® ORAL CARE RECYCLING PROGRAM

### ACCEPTED WASTE



See the picture above for what you can send in through this recycling program. Then, when you have finished using your toothbrushes, toothpaste tubes and caps, and floss containers send them in to TerraCycle to be recycled.

#### Colgate Oral Care Brigade accepted waste:

1. Toothpaste tubes and caps
2. Floss containers
3. Toothbrushes
4. Electric toothbrush heads

Please note, external cardboard packaging is not accepted in this program and should be placed in your kerbside recycling bin.



# Win

## Your Sticker on our Recycling Bin!

Are you in Year 1–6 and can design a sticker to help others make the right choices when putting their waste in our recycling bins? One design from each cell will be selected and printed on stickers to be placed on our school recycling bins.

### USE YOUR IMAGINATION AND GET CREATIVE!

All art and slogans must be your own. Entries need to be submitted on portrait A4 or A3 paper and completed at home.

**If you haven't got your competition entry in there is still time...**

**Entries are open until the 19th June. Please make sure your entry is in portrait format and is A3 or A4 size.**

**Please drop your artwork in to the front office.**



### DO

Include on your sticker design:

- Clean Paper
- Clean Cardboard
- Clean Newspaper
- Clean Aluminium Cans
- Clean plastic bottles and containers with the symbols





### **WET WEATHER GEAR**

With the predicted wet weather heading our way next week we would like to encourage students to bring a raincoat where possible to try and avoid anyone spending the day in damp clothes.



## **Student Health and Wellbeing**

*MRPS Code of Conduct incorporates six core values:  
Cooperation, Empathy, Enthusiasm, Flexibility, Honesty and **Respect***

Respect—At Margaret River Primary School, one of our core values is Respect which is just another way to say I value and care for you and respect people for their good qualities and or achievements.

Always remember the golden rule “Treat everyone as you want them to treat you”. Respect each other’s space and belongings because what goes around comes around. They take responsibility for their actions.

You show respect to others when you listen quietly, keep unkind thoughts to yourself, speak kindly to others, willingly share and by using simple courtesies like “Please” and “Thank You.”

Remember, that we should fear no one, but respect everyone.

### **Resilience and Wellbeing - Self-awareness**

The world has been facing an unprecedented challenge with the COVID-19 pandemic and the impacts could be felt for a long time. Everyone has bad times and these times don’t last forever, everyone has bad things happen to them that they can’t change, everyone makes mistakes, and everyone feels rejected, lonely or sad at some stage in their life. Talk with your children about emotions, feelings and who and what makes them happy, sad, nervous etc. Acknowledge that everyone is different.

Talking to others when you are having a bad time, are worried or unhappy will help you put things into perspective and bounce back. Talking to someone about our problems can sometimes take courage and is a sign of strength not weakness. When things are changing and uncertain, it can be easy to forget that some of the most basic strategies for protecting and promoting your wellbeing are also the most effective.

*Help your child to practise these skills at home;*

- Be able to identify their strengths and challenges.
- Skills for recognising and labelling own emotions.
- Be able to know what might influence their successes and mistakes.
- Be able to see that the way they think about mistakes and negative situations can affect how they feel and behave.
- Be able to self-reflect on their behaviour and decisions.
- Realistic and positive self-knowledge of strengths and challenges
- Practising helpful and positive thinking.

Children are always watching and will copy what we do. Be a positive role model. Use these skills and show your children how to be resilient. Talk your problems through with others and review different solutions.

**Thank you for playing a vital role in your child’s road safety education.**

**For more information visit [www.sdera.wa.edu.au](http://www.sdera.wa.edu.au)**





The KG Mother's Day Stall was a real hit. The newly formed MRPS Seedling Club (made up of students from T5 and headed up by their green thumb teacher Mrs Ralston) potted up these succulents and sold them all on the Stall.



## Margaret River Library has moved our Book Chat Club online at [www.amrlibraries.com](http://www.amrlibraries.com).

### Online Book Chat reviews for those aged 10-14 years old

If you are aged between 10 and 14, let us know what book you enjoyed reading recently by **adding your review** in the comments at <https://wp.me/p8slEx-1lk> (or visit [amrlibraries.com](http://amrlibraries.com)).

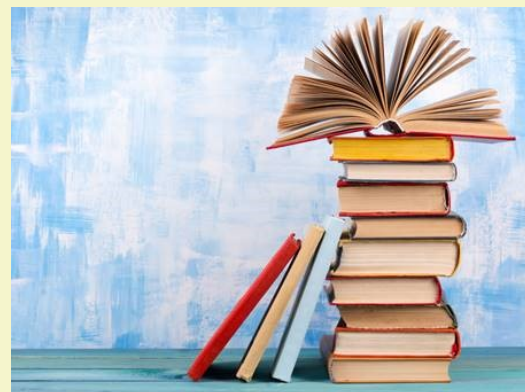
Please include your first name, title and author of the book, how many stars out of five you would give it, and why. The best reviews will be published on our blog [amrlibraries.com](http://amrlibraries.com), click on comments tab to view what others have written.

We hope to make this a monthly event while the library is closed, and look forward to seeing your reviews.

If you would like a copy of the Book Chat activity booklet, feel free to download a copy here: [book club note book 2020](#)

Please contact Rachael at the library on 9780 600 or email [rdurmond@amrshire.wa.gov.au](mailto:rdurmond@amrshire.wa.gov.au) and she will help you if you need assistance writing your review.

Happy reading and reviewing Book Chatters!



## Parenting during COVID-19 - Triple P Positive Parenting Australia

Parenting during COVID-19. As so many Australian families are experiencing new challenges due to the COVID-19 crisis, you may be concerned about the physical and emotional wellbeing and safety of your children. Triple P has some resources available, click the link below to access

<https://www.triplep-parenting.net.au/au-uk/en/get-started/parenting-during-covid-19/>

Triple P Parenting also has a special magazine edition available with some relative information - click here to read [www.triplep-parenting.net.au](http://www.triplep-parenting.net.au)

